

10-4-2012

Vista: October 4, 2012

University of San Diego

Follow this and additional works at: <https://digital.sandiego.edu/vista>

Digital USD Citation

University of San Diego, "Vista: October 4, 2012" (2012). *USD Vista*. 675.
<https://digital.sandiego.edu/vista/675>

This Newspaper is brought to you for free and open access by the USD News at Digital USD. It has been accepted for inclusion in USD Vista by an authorized administrator of Digital USD. For more information, please contact digital@san Diego.edu.

Thursday, October 4, 2012

USD kicks off new Italian studies major with acclaimed guest speaker

By Tyler Hustwick

USD welcomed its new Italian studies major with a lecture from Pasquale Verdicchio, professor of Italian studies at University of California, San Diego.

The lecture, titled "Travels in My Foreign Land: Culture Out of Place," focused primarily on Verdicchio's many travels through Italy. He gave an in-depth analysis of Italian culture and community through literature, history and even some of his own personal photos.

He also touched on variety of other issues, including the regional tensions that continue to plague the people of Italy and the difficult adaptations its citizens have recently been forced to make amidst global economic woes.

The lecture was held in Warren Auditorium on Thursday, Sept. 27.

Verdicchio was recently awarded the Bressani Prize for his poetry collection "This Nothing's Place" and has published several other books about Italian culture. In addition to his literary achievements, Verdicchio is the program director and vice president of the San Diego Italian Film Festival.

Sophomore Alessandra Karabaich, an Italian studies student at USD, was fascinated by Verdicchio's take on Italian history and culture.

"I really enjoyed the lecture because of the approach he took with making it not just academic but also making it cultural and personal as well," Karabaich said. "I think that the Italian culture in particular has a lot of liveliness and variety and it's just really interesting."

See ITALIAN, Page 4

A measure of evaluations

Students and professors push for publication of teacher evaluations

By Matt Hose

Both students and teachers at USD are pushing for teacher evaluations to be published for the university community to view as conglomerate scores.

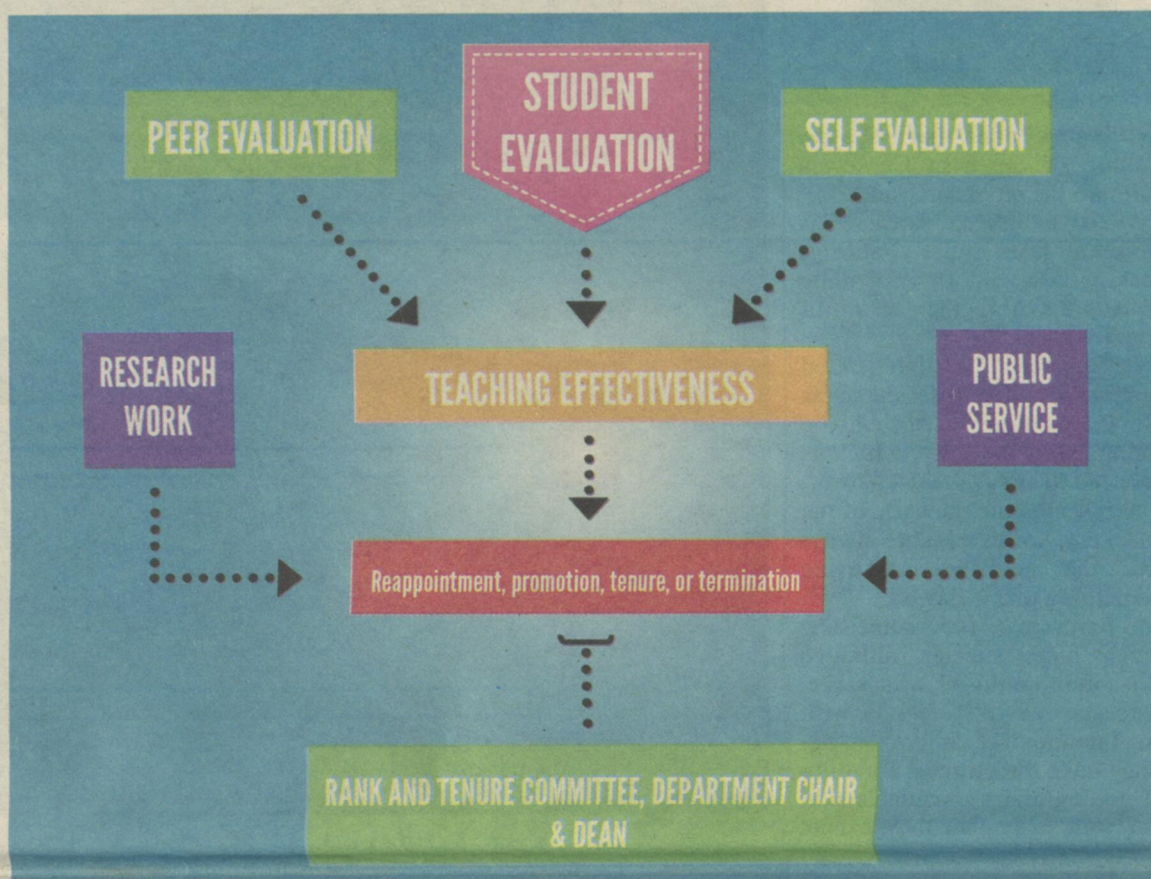
These evaluations are filled out by students at the end of each semester, asking for students' opinions of their instructors. One question asks students whether "The instructor demonstrated knowledge in his or her field," while one just asks students to make open comments about the instructor or course.

The student evaluations are just one portion of the criteria used to determine a teacher's status at USD.

Also evaluated are peer reviews from other professors, self-evaluations, research and professional work along with several other criteria.

However, Vice Provost Thomas Herrinton believes that the students' evaluations of teachers are a determining-factor for teachers' status, which could include tenure and reappointment.

"I think [the publishing of reports] is a really important topic," Herrinton said. "It depends upon the university whether student reviews of faculty teaching are published or not."



Cathy Nguyen/The Vista

Several different criteria are used to determine the status of a teacher. Rank and tenure committees, department chairs and the dean of each school decide the status of professors.

The current process for these reports is that they are given to teachers, who are not allowed to open them until after the semester ends.

After reading all of the evaluations, the professors pass

along the reports to the chair or dean of their department. The superiors then use the reports to decide whether a professor's contract will be extended or whether they are eligible for tenure.

The results of the evaluations

are currently kept private and are not revealed beyond department committees and school officials.

Herrinton said that he personally thinks the reports should be published for the university community to view

See EVALUATE, Page 2

Spike in bike thefts leaves public safety on their toes

By Lorin Moll

Upon investigation of the latest public safety reports, one might notice that the usual "possibly intoxicated student" reports have been taking a backseat to a new crime surge: bike theft.

From Sept. 19 to 21, there were five different incidents of stolen bicycles. A week later, there had been eight new cases of bike thefts. Between Sept. 26-27, five more bicycles were reported stolen. Several of these bikes were stolen during the daytime.

According to public safety,

11 out of 13 of these thefts that occurred happened to bikes secured with cable bike locks.

To remove these locks without the combination would take either bolt cutters, wire cutters, a hacksaw, a hammer and chisel or a combination of these tools, according to a biking program at University of California, Irvine.

Bike theft at other, larger campuses has been a plague that spikes and wanes. For instance, the University of California, Santa Barbara had an estimated \$96,000 in bikes stolen in 2010.

See BIKE, Page 3



Matt Hose/The Vista

A cable lock in front of Camino Hall that was cut by a bicycle thief. Thieves use a variety of tools to cut these locks.

NEWS 1-5

Pushing the envelope for peace
Pakistani lawyer kicks off 10th annual PeaceMaker Conference.
PAGE 4

OPINION 6-9

Multiple choice tests and education
How multiple choice tests affect your mental processes.
PAGE 6

FEATURE 10-11

Early fall book spotlight
New books to fill up your fall semester.
PAGE 10-11

ARTS AND CULTURE 12-17

Be friends with your kitchen
Chef Nisa Burns will teach a class at USD on cooking on tight budgets.
PAGE 14

SPORTS 18-20

Men's tennis preview
A look into what the men's tennis team has to offer for the 2012 season.
PAGE 19



THE VISTA

"Like" our page on
Facebook: **The Vista**

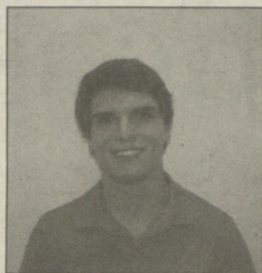
Follow us on Twitter:
@USDVista

Check us out online at
www.usdvista.com

NEWS

EDITOR
Matt Hose
mhose@usdvista.com

Satirist vs. clown



By Matt Hose

It's too often that I see the culture of Southern California fall into the pit of sarcasm.

To be sure, sarcasm is different from satire. Satire is making fun of or ridiculing something for the sake of improvement.

This can be lighthearted humor, which is referred to as Horatian Satire, or it could be biting, cold mockery, which is referred to as Juvenalian Satire.

Despite the intensity of the mockery, however, satire always has the goal of improving something that is flawed.

Sarcasm is something much more sinister, although it is often confused with satire. Sarcastic remarks are said with no intention of improvement. They have the primary intention of getting under someone's skin for something that they cannot control or change.

Imagine walking with a friend and passing a person who has hair matted with grease, carries a large backpack that is overstuffed with laundry and has no shoes.

"He's going far in life!" your friend says.

That sarcastic comment would serve as a self-fulfilling prophecy. If the man heard your friend, or her snickers as he passed by, then he would truly feel that he is worthless and will probably never go far in life.

This trend can be extended beyond everyday encounters, to the general trend of our generation as a whole when it comes to the national and international community.

It's not often that I hear, "Hey, there are some really messed up things going on in our society and the world right now. We need to get together to try to fix something."

Rather, I hear political discussions that dissolve into pointless bickering and the final remark that goes something like, "What do these conversations matter for anyway? The world is going to hell."

Maybe it is because my mom was a hippy and because I have a little bit of her rebellious blood coursing in my veins that I'm not willing to accept this trend.

And maybe the hippies didn't have a game plan and an exit strategy. But they knew that there was something wrong with their government and society, and they weren't willing to sit around and idly make sarcastic remarks about it.

Guess what. That last paragraph was satire. I hope that it had just enough of the satirist Juvenal in it to bite a little bit into a reader's soul.

catch a VISTA reader



Matt Hose/The Vista

Sophomore Maddy Creps reads The Vista inside Aromas Cafe after enjoying a crepe.

Professors and students want changes to teacher evaluations

EVALUATE, continued from Front Page

because of what he calls the "student grapevine."

"Students talk to [other] students anyway, so rather than just depending upon [a situation in which] this student knows one student who just happened to be in that class and gets one opinion, [the publishing of evaluations] at least gives you a more complete sample of opinions," Herrinton said. "The student grapevine is going to exist anyway, and rather than have it be underground, this is a way of getting it out in the open so that everybody has the same information."

He doesn't feel that each individual comment should be published, however, as is the case on websites such as ratemyprofessors.com.

He believes that websites such as this one tend to show only the polarizing opinions of students, since the students who love or hate teachers are more likely to express their emotions.

Herrinton thinks that if the summation of reports was made public, students would be able to choose professors that fit them well.

"I'm hoping that students will provide useful feedback in terms of the type of instruction that's in the class and matters like that," Herrinton said. "That would enable students to better

select courses that would suit their learning styles."

Kristin Moran, chair of the department of communication studies, also believes that the evaluations should be published. She believes that they could be published as composite rankings in a data pool that could show teachers how they compare to other professors.

"I think that it just shows faculty how they stack up," Moran said. "Maybe if they feel that they're not performing as well as their colleagues that might provide a little motivation to do things a little differently in their class."

In her department, the evaluations are used along with several other resources to determine whether or not an adjunct professor will have his or her contract renewed, among other things.

These adjunct professors' contracts are renewed on a semester basis and all of the evaluations by students and peers weigh heavily on determining a teacher's status.

Evaluations are also used on a yearly basis to renew associate professors' contracts.

"I think ultimately we're getting to a point where we are going to have to do something different because we really are kind of out of line with other colleges and other universities," Moran said.

Esteban del Río, a communications professor at USD, disagrees with this analysis of the purpose of teacher evaluations.

"Student evaluations are not for the student. [They are] for the faculty member and for the institution evaluating that faculty member, and for the faculty to track their progress. And [they are] for the university, in some cases, to decide...whether or not someone is going to be rehired or get tenure."

Every year, del Río assures his students that the evaluations are important.

"This is what I tell my students when they fill out the student evaluation," said del Río. "[I tell them] 'This matters. What you write will be read by a number of people.' Each one of those evaluations should be read by the faculty member. You can't guarantee that, but they are absolutely read by every department chair. And if the faculty member is under review, they're read by the dean's office and by our rank and tenure committee."

Morgan Schwanke, president of Associated Students, provides the perspective of a student on the issue.

"There should be more transparency provided in the academic evaluation system," Schwanke said. "Many students turn to websites like

ratemyprofessors.com for this transparency, and while ratemyprofessors.com can provide helpful feedback, I find the website unreliable and more of a way for students to find the easier classes or less boring professors. As a university, I think it would be internally advantageous to publish student evaluations to not only inform our students but also to keep our professors accountable."

Nevertheless, del Río believes that the production of this content would lead to unaccountable information.

"I understand students' impulse to want to know as much information as you can," del Río said. But the truth of the matter is [they have] more information than [they] could possibly handle in friendships and in relationships.

"If you have students here that you know are not just here for easy classes, but are here to get really good experiences, then you can go to them and [ask], 'What do you think [of a certain class]?' If you just post findings online all you get is raw information that is not accountable."

"That's the whole point of a liberal arts experience at a place like USD, is that you are accountable for your education," said del Río. "It's a peer group that's moving through shared experience."

EVENT CALENDAR

- OCT 4** | **First-Time Homebuyers Seminar**
@Mother Rosalie Hill Hall
11:30 a.m.-2 p.m.
- OCT 6** | **Franciscan Spirituality of Letting Go**
@Mother Rosalie Hill Hall (Warren Auditorium)
8:30 am - 11:30 am
- OCT 8-12** | **Free Week of Yoga Classes**
@Mission Fitness Center Classroom
- OCT 9** | **Graduate School Fair 2012**
@UC Forums
11:30 pm - 2:00 pm
- OCT 9** | **Conversation with a PeaceMaker:
Alice Nderitu of Kenya**
@IPJ Theatre
12:30 pm - 1:30 pm
- OCT 10** | **Annual Women PeaceMakers Panel**
@IPJ Theatre
7:00 pm - 8:30 pm

USD struck
with spike
in bike theftsBIKE, continued from Front
Page

Connor Self, a sophomore at USD, lives in the Alcala Vista Apartments, where one of the recent bike thefts occurred.

"I think it's a shame that these thefts are occurring," Self said. "It discourages people from having bikes on campus and using them to get to class."

Self believes that the problems USD has had with bike thefts stem from the bike racks themselves.

"Part of the problem is that the bike racks are set up in a way that people can't use U-locks to lock their bike frame and are forced to use cable locks which are easily cut. I had a couple

friends who had their bikes stolen last year. Now with these thefts I think I am going to keep my bike indoors from now on."

The department of Public Safety was unable to comment on new measures being taken to deter the thefts, since the investigation is ongoing.

"We take these matters very seriously and are taking proactive steps to deter these thefts," Public Safety Captain Quinton "Q" Kawahara said. "We have informed our community including Residential Life to assist in our COPS [Community on Patrol] program."

No perpetrators of these crimes have been apprehended, according to DPS.

PUBLIC SAFETY REPORT

September 25 - September 29

September 25, 2012

Location: BOSLEY FITNESS CENTER BIKE RACK

At 4:13 p.m. Public Safety responded to a report of a theft. Upon investigation, an unknown person stole a student's unsecured laptop on Sept. 25 between 3:55 and 4 p.m.

September 26, 2012

Location: JENNY CRAIG PAVILION

At 12:18 p.m. Public Safety responded to a report of a theft. Upon investigation, a student's wallet was stolen from a secured locker on Sept. 26 between 11 a.m. and 12:15 p.m.

September 26, 2012

Location: JENNY CRAIG PAVILION BIKE RACK

At 12:18 p.m. Public Safety responded to a report of a theft. Upon investigation, a student's secured bicycle was stolen between Sept. 20 at 4 p.m. and Sept. 22 at 5 p.m.

September 26, 2012

Location: KROC INSTITUTE FOR PEACE & JUSTICE GARAGE

At 2:46 p.m. Public Safety responded to a report of a theft. Upon investigation, a student's secured bicycle was stolen between 11:10 a.m. and 1:30 p.m.

September 28, 2012

Location: STUDENT LIFE PAVILION

At 3:29 p.m. Public Safety responded to a report of a theft. Upon investigation, a department banner was stolen between Sept. 21 at 4 p.m. and Sept. 25 at 10 a.m.

September 29, 2012

Location: STUDENT LIFE PAVILION

At 12:34 a.m. Public Safety responded to a report of an intoxicated student. Upon investigation, the student was determined to be unable to care for herself and she was transported to the hospital.

Anyone having information regarding these incidents please contact Public Safety at
619-260-7777.

THE VISTA

Editorial -
619.260.4584
Business -
619.206.4714

Taylor Cabalse- Editor in Chief
Nazin Sedehi - Associate Editor
Lauren Vujovich - Managing Editor
Hannah Holmquist - Copy Editor
Matt Hose- News Editor
Nathan Heller - Opinion Editor
Nick Dilonardo - Sports Editor
Blanca Torii - Arts & Culture Editor
Cathy Nguyen - Art Director

Alessandra Generoso - Web Editor
Eddy Deleon - Graphic Designer
Mafer Arce - Graphic Designer
Michael Perkins - Photography Editor
Russell Whitman - Advertising Manager
Fidence Moreno - Finance Director
Dr. David Sullivan - Faculty Advisor
Gina Lew - Faculty Advisor
Marie Minnick - Operations Advisor

The Vista publication is written and edited by USD students and funded by revenues generated by advertising and a student fee. Advertising material published is for information purposes only and is not to be construed as an expressed or implied endorsement or verification of such commercial venues by the staff or University. The Vista office is located on the fourth floor of the Student Life Pavilion in room 403B.

All inquiries should be sent to:
The Vista
5998 Alcala Park
San Diego, CA 92110

The first copies of the newspaper are complimentary, all copies thereafter are 25 cents charge. Opinions expressed in this publication are not necessarily those of The Vista staff, the University of San Diego or of its student body.

Letters to the Editor can be submitted to The Vista office. Letters should be limited to 300 words and must be signed. For identification purposes, USD identification numbers and writer's year must be included in the letter.

NEWS

EDITOR
Matt Hose
mhose@usdvista.com



Photo courtesy of Tyler Hustwick

UCSD Professor Pasquale Verdicchio gives a lecture in honor of the new Italian studies major at USD.

USD celebrates new Italian studies major

ITALIAN, continued from
Front Page

While Italian studies is just now becoming its own distinct major, the program was first created in the late 1970's when USD began offering lower-division Italian classes to students.

By 1984, upper-division Italian classes were being introduced and the program gained recognition as a minor.

Beatrice Hepp, an Italian

studies professor at USD, feels the program has undergone a complete transformation since she first began teaching at the school in 1994.

"The program has continued to grow more and more, first with the lower-division classes, then the minor came and now it's the coronation of the program with the major," Hepp said. "It's really changed a lot and the interest for Italian here has grown greatly."

Kelsey Grey, a sophomore at

USD is currently an Italian studies student.

She hopes other students at USD will seize the opportunity to take part in such a unique program.

"Not only are you getting to learn about the language and the culture, but you're learning how to respect other people, you're making your life more diverse," Grey said. "I think [respect for other people] is something that's missing from kids in the U.S. right

now, especially in the younger generation."

The Italian studies major will offer classes in Italian language, ranging from entry-level Italian to advanced composition, film, literature, culture and history. The program currently staffs six different professors, including Lorena Di Martino, Lodvica Guidarelli, Helene Laperrousaz, Silvia Metzger, Emaunela Patroncini and Beatrice Hepp.

Students majoring in Italian

studies may also take additional classes from other departments to better integrate their knowledge of Italian culture with other disciplines offered at USD.

Karabaich believes that adding a language major is a great opportunity to do something different with a liberal arts education.

"It would give you a unique edge wherever you're going with your degree to add a cultural aspect to it," Karabaich said.

Pushing the envelope for peace

Pakistani lawyer delivers keynote speech for PeaceMakers' 10th anniversary conference

By Jordan Ondatje

Asma Jahangir, a Pakistani lawyer, addressed vital questions of peace and justice for minorities during her keynote address for the 10th anniversary Women PeaceMakers conference.

In her lecture, "Walking Together for Freedom," Jahangir addressed such topics as the meaning of peace on an international level, the nature of religious laws, the conflict between India and Pakistan and her life-threatening activism. The lecture took place at 7 p.m. on Thursday, Sept. 27., in the Joan B. Kroc Institute for Peace and Justice Theater.

According to Edward Luck, the new dean of the IPJ, Jahangir is a woman who has been threatened, beaten, taken hostage and arrested numerous times. Despite these experiences, she has remained unwavering in her outspoken advocacy for human

rights and continued her efforts toward achieving security, peace and justice.

"Activists have to continuously push the envelope," said Jahangir when explaining her arrests in Pakistan. "No one is going to give us opportunities on a platter."

She has fought to defend the human rights of women, children, religious minorities and laborers in Pakistan for over 40 years, both as a lawyer and as an activist. She has participated in numerous protests and court cases, demanding human rights for members of all minorities in her country. Many times these demands have led to her arrest.

"Because we were meeting and plotting and planning, I was picked up, taken to jail and threatened," said Jahangir, about her meetings with other women activists in Pakistan.

She showed a video of women peacemakers from India

and Pakistan who met at the border between their countries, attempting to relieve the tension between them. She explained that they used songs and culture as a means of bonding and eliminating the hostility, though the government officials did not understand the purpose.

She described one instance in which she and several other activists were taken to jail for protesting and detailed how they "pestered" the security guards and jail attendants.

"We created such a mess there that they released us," she said.

An article in The Los Angeles Times describes Jahangir as "a symbol of courage and conscience, who says things many Pakistanis wish they could but do not dare."

Jahangir is head of the human rights commission in Pakistan and has won countless awards for her work as an

international peacemaker.

She was also the first woman president of the Supreme Court Bar Association of Pakistan and has worked as a U.N. Special Rapporteur on freedom of religion and belief, a position that works to ensure religious freedom across national borders.

The audience at the lecture consisted of Women PeaceMakers, delegates of the Women PeaceMakers conference, USD faculty and students, as well as other members of the San Diego community. With over 400 people registered for the event, the theater was filled to capacity and an overflow room was created.

The keynote speech was one part of the Women's PeaceMaker's conference, titled "Breaking Barriers: What it will take to Achieve Security, Justice and Peace."

Jahangir stressed the importance of working together across borders to achieve peace, justice and security.

"No single group, no single mind, no single pair of hands can bring justice and peace to the world," she said.

Joshua Wheeler, a senior and international relations major, thought her speech was extremely impressive.

"I felt that her sense of humanism was very uplifting and she uses humor and a very down to earth approach, which really connects to the listener," Wheeler said.

Junior Libby Jelinek, who works at the IPJ, was also impressed with the speech.

"USD is lucky to have a program that brings so many women who are doing such amazing work to our campus," Jelinek said. "It's exciting to be around them and to hear their stories and insights."

New brand of online courses changing the landscape of higher education

By Matt Hose

New kinds of online classes are changing the way people think about university education.

Massive Open Online Courses offer advanced university classes to anyone who has access to the Internet, and they are attracting students all across the world.

While the benefits of taking courses at MOOCs have not translated significantly into the job market, hundreds of thousands of people have signed up and seeds are being planted for the growth of these programs.

Colorado State University recently decided to offer three course credits to students who complete the Udacity computer science course if they take a proctored exam following the course, according to The New York Times.

Many schools in Austria and Germany already offer course credit for Udacity courses, according to The Chronicle of Higher Education.

As of now, the most that MOOCs can offer their students are certificates of completion of

the course, which could be useful on a resumé, according to USA Today, but posit no guarantees in the real world.

The trend began at the end of 2011 when Sebastian Thrun, a computer science professor at Stanford University, created a free online artificial intelligence course based off of his Stanford lectures. Over 160,000 people took the course, according to USA Today.

At the beginning of this year, Thrun launched Udacity, a website that offers 14 different free courses including computer science, statistics, physics, web design and many more. They are all taught by Thrun himself and his partner David Stavens. Over 110,000 people signed up for Udacity, according to its website.

All of the courses at Udacity are based in the maths and sciences so that grades can be objective. However, some MOOC websites such as Coursera offer subjective-based classes such as songwriting, sports and society and nutrition. Coursera offers 115 courses spanning the sciences and humanities.

The MOOCs are gaining ground in the realm of other

traditional universities as well. Massachusetts Institute of Technology, University of California, Berkeley and Harvard University have all teamed up to launch edX, which follows the same outline as Udacity and Coursera, with classes from each of the three universities for free.

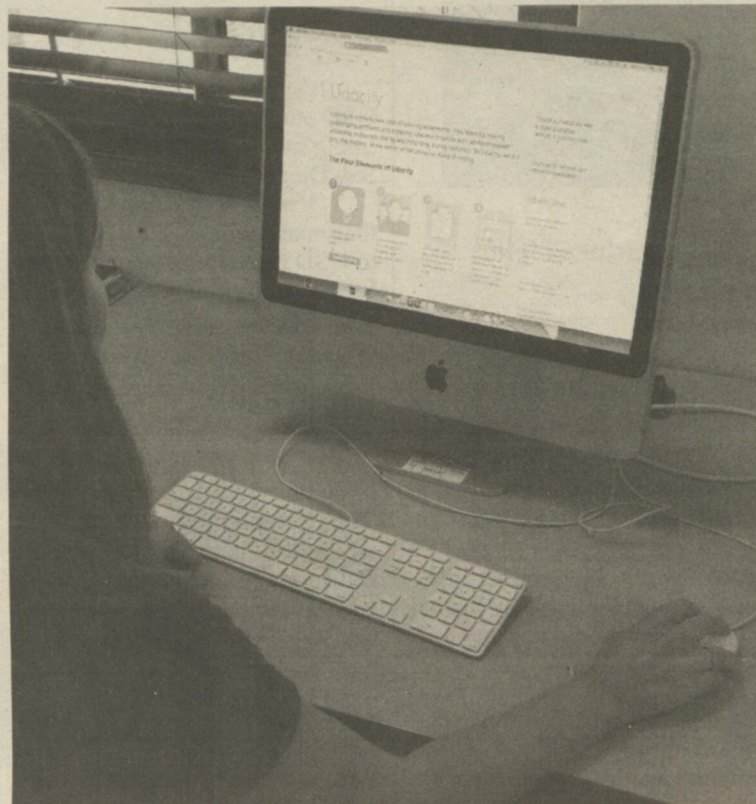
The courses usually split lessons into short videos of two minutes or less followed by a quiz. This follows Thrun's philosophy on education.

"Education should be less passive and [have] more practice," said Udacity's website.

However, sophomore Jackson Somes is not sure that the world is ready for these online courses.

"It is a really cool idea, and I like the innovation of changing the educational system, but I just don't think that the world is ready to accept this quite yet," Somes, a communication studies said. "I prefer to have class time with a teacher, face-to-face, so that I can interact and ask questions if I don't understand something. A computer doesn't offer that kind of interaction."

Nevertheless, leaders in



Matt Hose/The Vista

A student tries out Udacity for the first time.

charge of MOOCs are trying to bridge the gap between computer-based learning and classroom-based learning.

Udacity has already set up message boards in which students can ask questions and interact with

their fellow peers or the course designers to find out answers.

"I'm not really sure where this [education system] is going, but I think there might be potential here," said Somes. "I'll keep an eye out to see how big this gets."

Life is RUFF!

Not when you work for The Vista!!

email lvujovich@usdvista.com

\$57.60

DITCH THE GAS FOR CLASS!

MTS COLLEGE MONTHLY PASS

On sale at the
UC TICKET OFFICE

Unlimited Bus and Trolley rides all Semester long!

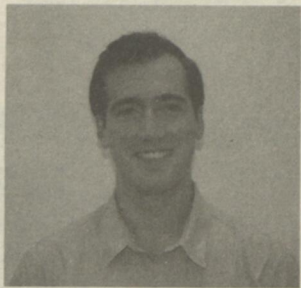
www.sdmts.com @sdmts SDMTS

Limit one pass per student, while supplies last.
Student ID required for purchase. No refunds, no exceptions, void if removed.

OPINION

EDITOR
Nathan Heller
nheller@usdvista.com

Junk Reads



By Nathan Heller

It's easy enough to get yourself excited for a night out in Pacific Beach, but what do you do when you're between weekends and all you've got to drink is a flat Diet Coke? Getting revved up for class just doesn't seem possible considering life's many competing temptations, but maybe we're just going about it the wrong way.

What makes enjoyable activities so satisfying is due in part to the time we spend anticipating them. The time we spend anticipating enjoyable activities is a manifestation of how far we've built them up in our heads. So, when we find that we're using a disproportionately large amount of time daydreaming about the weekend, it's time to teach ourselves how to look forward to school again.

Take reading, for example. From street signs to restaurant menus, written language makes up a great deal of our everyday environment, whether we like it or not. As far as academia goes, reading is one of the few activities that unites all majors and minors; an experienced reader stands to gain just as much more from an economics textbook as he or she would from "Moby Dick". We never really hear about anyone looking forward to a good, long chapter on supply chains, but it isn't out of the question, even for someone in a different field of study.

The secret is intermittent exposure to "junk food" books, as they're called. The more time you can spend cramming down those glossy paperbacks, the more you will come to view all reading in a more attractive light. It's a form of conditioning. As an analogy, say coffee is watching television and tea is reading. You know that tea is better for you, but you just can't bring yourself to choke down that cardio-conscious Yerba Mate mix just yet. Just as with the Hunger Games or Harry Potter, you start off with flavored fruit teas that go down easy and leave a sweet aftertaste. Soon enough, memories of coffee are all but faded as you chug Kombucha straight from the jar.

Overextended analogies aside, be sure to check this issue's feature section for my fall book suggestions. Keeping a junk food read with you throughout the day helps to alleviate stress while building an appreciation for all things written. A higher appreciation is this a common phrase? means greater satisfaction, and everyone knows that the more time you spend looking forward to things, the less time you spend worrying about them.

To live in Paradise City

Counting our Southern Californian blessings

By Dillon Jacobsen

It's no secret that many USD students have the fortune of living on the beautiful beaches of San Diego.

Of course, a primary reason that many people choose to come to USD in the first place is its elite location. Its close proximity to the coast, downtown and numerous other attractions in Southern California make USD one of the best located universities in the United States.

As a freshman, many of these attractions can be mesmerizing. This is especially true for those who are not from Southern California, much less those of whom are not from the West Coast.

While some attractions are not as easily accessible as others—for example, Julian isn't as easy to get to as Mission Beach—many students are afforded the opportunity to tour at least parts of what San Diego has to offer. While the college years reel by, it can be easy to lose sight of just how lucky we are to attend a school in America's Finest City.

While on campus, students, faculty, staff and visitors can see the Pacific Ocean from a variety of locations. Walking to class, eating lunch at Bert's and dozing off in a class in the IPJ are just a few opportunities to glance at this wonder of the world. It's not uncommon to see people taking photos of campus with this beautiful, deep blue backdrop. To them, it's a treat. To a large number of students, however, it's a commonality. Many of us drive home to houses located hundreds of feet from the shoreline.

Tourists visit from near and far, and pay exorbitant amounts, just to experience beach living for one week. There are people



Balboa Park lily pond.

Photo Courtesy of Stephanie Barker

who live many years of their lives without ever seeing the world's oceans. Even those who have enjoyed time on a beach in the past understand the rarity of living there. For them, not a single moment is taken for granted.

Walks on the beach, biking on the boardwalk, swimming in the ocean, dining in delicious dives, sand volleyball, watching sunsets—the list goes on and on—all of it is enjoyed. Qualifying this statement is simple; the smiles on

their faces say it all.

Planning a vacation for a week in paradise isn't necessary for students. For many, taking a run on the boardwalk or lying on the beach for a few hours is as simple as walking less than a minute away from home. When given the opportunity to do any of these things every single day, on a whim, it can be deceptively easy for the serenity of San Diego to be underappreciated. Conjoined with the stressors of

classes, projects, employment and growing into adulthood, losing admiration for San Diego seems inevitable. What was a treat as a freshman becomes a norm by the time sophomore year comes around. Trips to the beach become common, and the ocean becomes meager background noise.

As school, work, or that unpaid internship gets more and more frustrating, the stress blinds students from the surrounding opportunities. Preoccupations can be important, but one's own sanity is more essential to living a rewarding life. Take a deep breath, calm down and be grateful for opportunity to study and to live in San Diego. Hiking in Torrey Pines, going to a cultural festival downtown, enjoying a delicious pie in Julian, or watching the sun disappear over the horizon are all great ways students can get more in touch with what really defines the college experience: personal growth.

A sunset is nice to watch, but even more marvelous is watching hundreds of people stop what they are doing in order to watch in solidarity the sun disappear into a green flash.

There is a sense of universality when staring into the horizon, looking for the point where the water becomes the sky. The oceans have always fascinated humanity—that much is obvious—but the reason behind the affinity cannot be articulated, merely appreciated. Even those despised Zonies drop everything to watch the sun morph into a green flash.

Somehow, getting a poor grade on an exam or dealing with a rude customer at work seems to be less important after you take a moment to enjoy the peace that living in San Diego can offer.



The mountainous area around Julian, Calif.

Photo courtesy of Alexandra Green

The views expressed in the Opinion section are not necessarily those of The Vista staff, the University of San Diego or its student body.

OPINION

7

Space, one giant leap for the moment

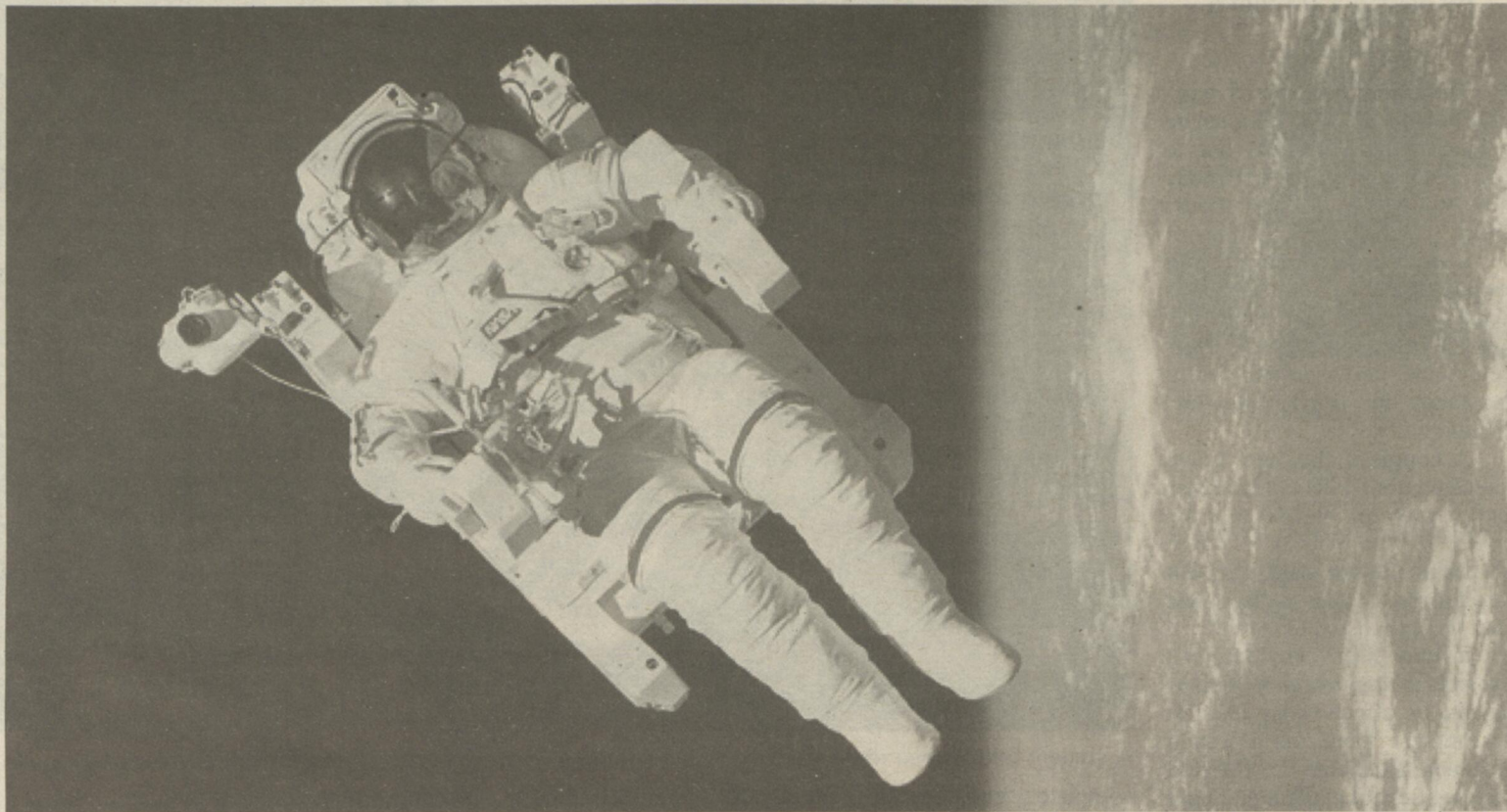
By Nathan Heller

At a point in time not so long ago, children looked not to the stars but to the sky in awe. We had cars, trains and boats, but the air had yet to be conquered in those days. The sky, a noble frontier, exemplified a sort of extended manifest destiny, reflecting our insatiable hunger for progress.

Ever since the Industrial Revolution, the American people have measured their evolution in terms of technology, tested and defined by their creations. Similar to the way in which language structures our perceptions, science and technology have come to dominate our visions of the future. What was once cutting edge is now simply a building block, and so on and so forth.

With tens of thousands of commercial flights happening every day, air travel is no longer the luxury it once was. This often volatile industry now makes up a central artery in the global economy--without it we would surely grind to a panicked stop. With the Wright Brothers behind us we look to the next great frontier of space travel, but how will it define us?

Humans have long searched for purpose and meaning in the night sky. Our ancestors practiced early forms of astronomy even before they thought to record their own histories. Up until the Cold War-era space race, the cosmos were seen as simply beyond



An astronaut displays his space suit as he is suspended in the space outside Earth.

San Diego Air and Space Museum Archives/Flickr Commons

our control and even beyond our understanding. It took the imaginations of science fiction authors like H. G. Wells, Olaf Stapledon and Isaac Asimov to jump start our own. When Neil Armstrong and Edwin Aldrin landed on the moon in the summer of '69, there was an undeniable sense of having started a new chapter in world history.

Now, having reached both the sky and the stars in the same century, mankind sets its sights on red-faced Mars. The highly

publicized mars rover landing this last August brought space travel into the minds of our newest generations, reinstating that hunger for the vast unknown which motivates us to reach ever higher. As long as space exploration continues to attract sufficient financial support, we can look forward to decades of exponential growth in terms of research and development.

Technical advances aside, we have begun to develop a relationship with space that exists on a primal level. It exists

around us in aspects of popular culture, at once stretching and containing our perceptions of the impossible. Superman has always been the essence of what it means to be more than a man, but taking to the sky is no longer enough for 21st century audiences. He now needs to charge into space and fight intergalactic villains to keep our interest. Modern science fiction movies need a fresh twist on the "old" space genre in order to generate enough interest. Aliens? Been there, done that.

Now that we're receiving photos of the martian landscape on more or less a weekly basis, does the discovery of extraterrestrial life seem inevitable? If we were to happen upon extraterrestrial life by this time next year, would we be as shocked and astonished as our mid-20th century counterparts? It seems that we're truly shaping up to be a space-faring people, us earthlings. Perhaps we will end up being the first Martians we discover.

interested in

- 📻 broadcasting a show
- 📝 writing for the website

contact:

marisa.dodge@usdradio.org
sarah@usdradio.org

POSITIONS:

- 📻 Editor in Chief
- 📻 Community Director
- 📻 Director of Operations
- 📻 Director of Marketing
- 📻 Webmaster

interested in:

- 📺 TV production
- 📺 Hosting a show
- 📺 Reporting

Weekly meetings:
Every tuesday @ 1 pm
KIPJ 219

JOIN USDtv

OPINION

Pillow politics: the art of sleep

By Maria Yakovleva

The clock reads 7:15 a.m., and students all over campus are waking up and heading out to their 7:45 a.m. classes. Among these students is first-year Laura Burke.

Laura Burke sleeps at least seven hours each night and takes at least one two-hour nap every day. She also said that she feels well-rested and energetic when she keeps up with her sleeping schedule.

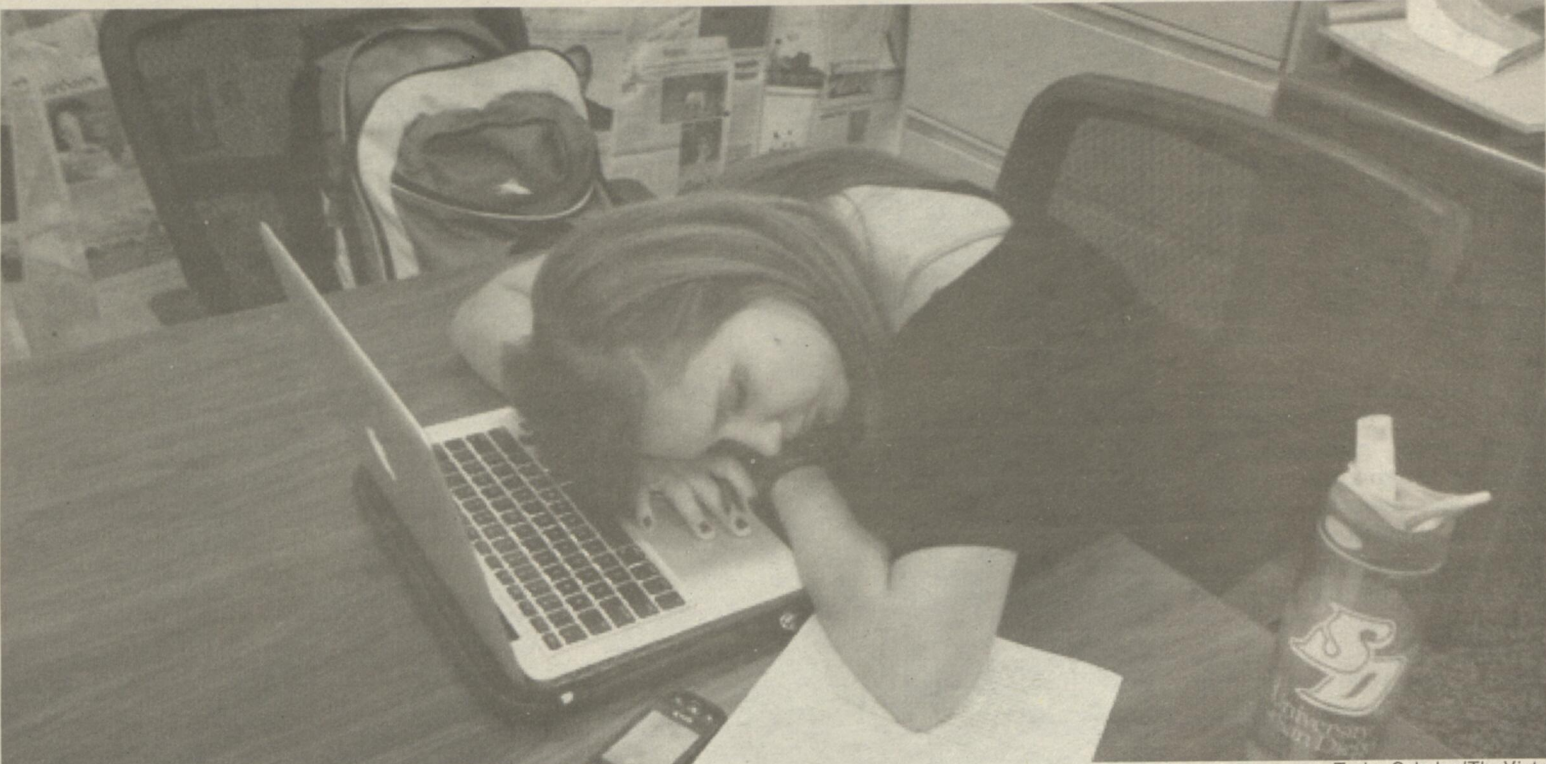
A couple nights ago, Laura stayed up until 4:30 a.m. and then had to wake up at 7:00 a.m. for class.

Laura Burke said, "It was hard for me to focus in class, and I felt too exhausted to learn."

It may seem obvious, but research shows that lack of sleep negatively affects your studies. Researchers from the Division of Sleep Medicine at Harvard Medical School explain that poor sleep habits harm a student's ability to learn.

They prove that learning has three parts: acquisition, consolidation and recall. Acquisition refers to the process of introducing new information into your brain. Then the brain undergoes the process of consolidation, as the information is made stable. Recalling is the ability to access the information after it has been stored.

In order to exercise a good memory, the brain must undergo these three stages. Acquisition and recall can only happen during



Taylor Cabalse/The Vista

A student falls asleep while studying on her computer.

complete wakefulness, while consolidation is strengthened during healthy sleep.

Sleep is vital to educational development, so each college student definitely needs a healthy amount of sleep each night. But how many hours of sleep is defined as "healthy"?

Freshman Clarisse Hansard explained, "I sleep nine hours. There is so much more going on here than there was in high school. We are constantly working in college so we need more sleep than 7 hours."

College is a constant struggle to balance schoolwork,

socializing and staying healthy. Sleep is definitely an important factor. According to the American College Health Association, in the 2011 report 47 percent of college students reported that sleepiness was a problem during daily activities. Getting enough sleep in college may seem difficult, but it is definitely possible.

Freshman Mac Berg confesses to feeling tired, "We need five to eight hours of sleep but not more than 11. I sleep less in college than I did in high school, but I wish I could sleep

more."

Here are some helpful do's and don'ts. Do: Catch up on sleep on the weekend if you had to stay up late during the weekdays, and nap between classes to help the consolidation part of learning and gain some energy. Don't: Sleep in class and pull all-nighters. Speaking from experience, Professor Salvador Guerrero of mathematics talks about students using class as naptime.

Guerrero revealed secrets about sleeping in class, "I would fall asleep in class when I was in college. I would sit in the back and knock out cold. When

I see students sleeping in class I believe it's because of the temperature or lack of interest. Students get enough sleep, and if they don't it's not because of school work." Save sleeping for your dorm room!

Since sleep is so necessary for your health and educational development, sleeping more than seven hours each night is definitely a good idea.

Ashley Zmyslo, a freshman, offers simple advice to you sleep deprived college students, "If you're tired, sleep. Don't fight it. If you're not tired, then don't sleep."

Multiple choice tests and your education

Thoughts on how multiple choice tests affect our learning processes

By Nathan Heller

Professors need a break, too. We students tend to forget that when an instructors hand out more homework or assign longer papers, they are making more work for themselves as well. At USD, we have the benefit of relatively small upper division classes, but when the head count grows, the problems start.

Scholars and educators have long decried the use of multiple choice tests in our higher education system. Regardless of how much more effective essay questions may be, the constrictions of time and money will forever necessitate multiple-choice tests. While it is arguable that these types of tests are useful at elementary and secondary school levels, they simply have no place in higher education.

Public education in the United States is more or less compulsory from Kindergarten through 12th grade. As a result, the class sizes at these levels are generally higher, resulting in a more widespread use of

standardized and multiple choice tests. In high school, the proliferation of scantron-based testing produces an unfortunate coincidence: precollegiate thinking is being constrained precisely at the point where it must be exploded.

Thankfully, many high school teachers and college professors realize the need for a healthy mix of test formats. Essays and long-form test questions are the best way to extract genuine knowledge from students, but they also weigh heavily and unevenly on the grading process. Multiple-choice tests fail to measure true comprehension, but can be handled more efficiently by teachers and professors. When it comes down to it, easy-to-grade tests are a necessary evil of standardized assessments and admissions; similar to resume-building conventions of corporate America, multiple-choice tests set a common ground for instructors and employers alike.

The influence of multiple-choice tests extend outside the classroom, however. The

following statement needs little qualification: students tend to study less for scantron-based tests. We've all skipped on late night study sessions because of an impending test's format. Essay questions require a great deal of preparation, requiring us to not only process information but articulate our answers in a coherent manner. It is easy to forego studying for a test that provides your answers for you.

Our country's greatest leaders have all been products of education systems and testing conventions. Entrepreneurs, lawmakers, engineers and doctors have all been subject to many of the same standardized tests during their time in the classroom. The United States education system is responsible for the intellectual growth of our next generation, and testing methods act as a collective gatekeeper for pre-professional progress. When your professor hands you a multiple-choice test, avoid celebrating long enough to consider how much you've really learned this semester. Do you feel like the scantron is on your side?

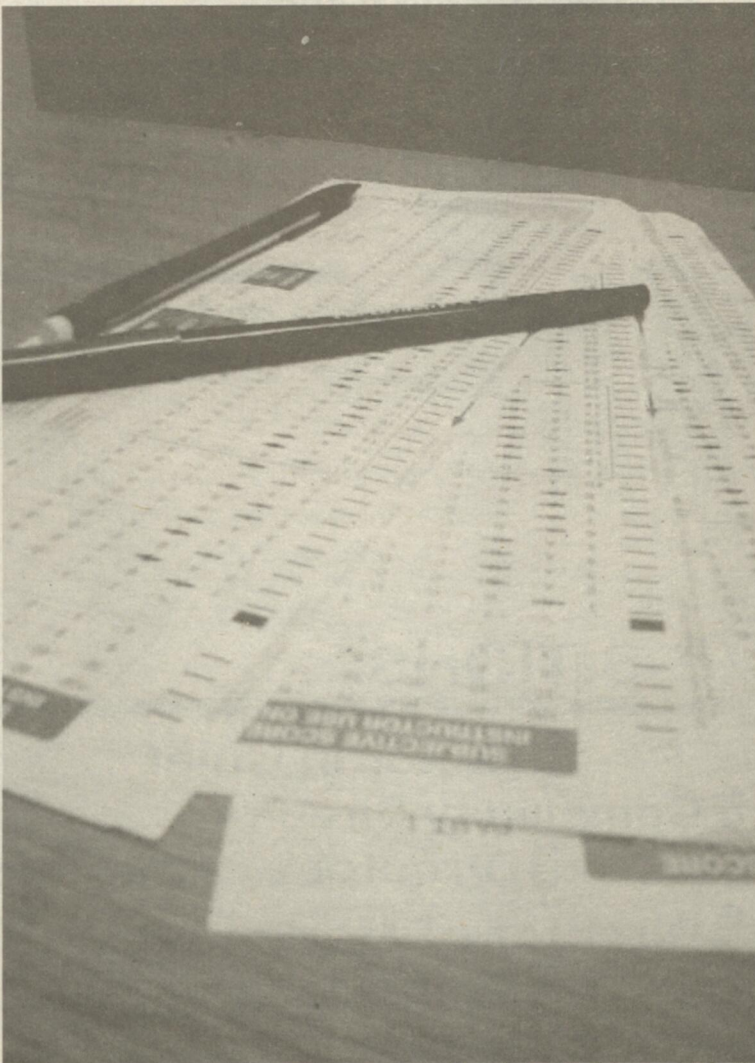
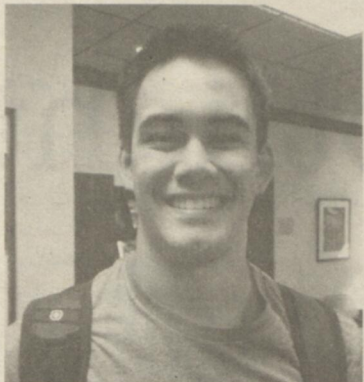


Photo Courtesy of Jessica McCarthy

A scantron, widely used for standardized tests.

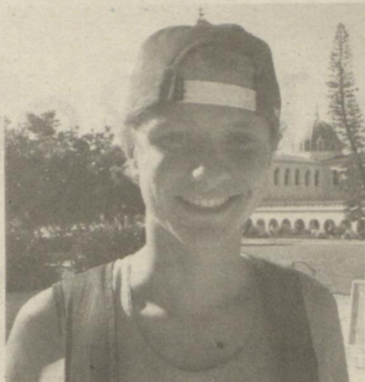
T-Opinions: Paper or digital textbooks?



Adam Krebs
Sophomore



Eliana Navarro
Freshman



Matt Sirianni
Sophomore



Phoebe Gurrola
Junior



Rebecca Fisher
Sophomore

Digital textbooks because they are cheaper and better for the environment. Another reason for my preference is USD is all about sustainability so this is my way to support that.

I like to write notes in my book while doing homework and studying. It is more hands on in my opinion. With a digital textbook on my computer or iPad I can become more distracted.

Digital over printed copies. You don't have to carry the heavy books around and you can put all the text on your computer. They are more accessible and they cost less than textbooks.

I definitely prefer paper textbooks. While I am studying it does not hurt my eyes as much. It is just easier to concentrate with a paper textbook.

I prefer paper textbooks. I really enjoy the satisfaction of turning the page when I am complete and I also like being able to write all over it. I guess I am a little old fashion in that way.

			4		1			
		7				3		
	6	9				4	8	
3			6		8			2
				3				
8			1		4			7
	3	4				5	9	
		1				7		
			7		5			



Chris Anderson
Wired Magazine

Blake Mycoskie
TOMS Chief Shoe Giver



Anand Mahindra
Director of Mahindra Group

Richard Florida
Innovation Bestseller

SD - TJ REGION

tijuana2012.com

@newtijuana

f newtijuana

Sponsored by the Mexican Federal Government & its secretary of Treasury

Letters to the editor policy

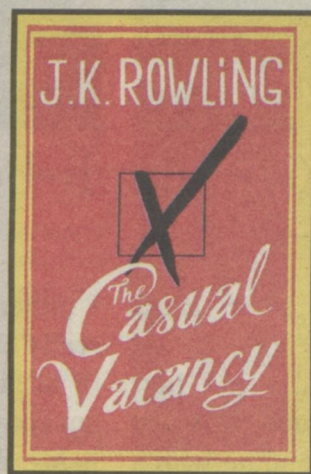
The Vista strongly encourages letters to the editor from students, faculty, staff, administration and the community.

Correspondence should be sent to tcabalse@usdvista.com with the subject line "Letter to the Editor." The deadline is Sunday at 5 p.m.

Submissions should be limited to 500 words and must include verifiable contact information. Letter content is subject to editing for clarity and style.

The Vista does not publish anonymous letters, those addressed to a third party or letters in poor taste.

Early Fall Book Spotlight

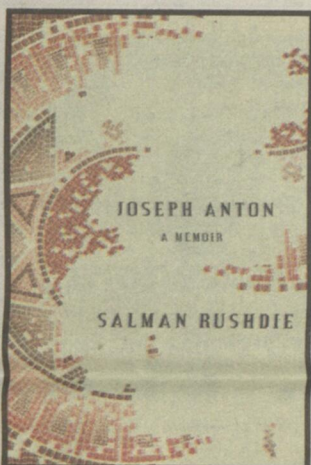


The Casual Vacancy

by JK. Rowling (Sep. 27)

In her first novel for adults, Rowling creates Pagford, an English town with a pretty face and a dark interior. Drama and suspense reach a boiling point as a parish council member dies, leaving an empty seat behind. The ensuing election brings out the worst in everyone as they tear at each other in the greatest war Pagford has yet seen. Who will triumph?

Recommended for: Fans of mystery and suspense. Rowling curbs morbidity with a sharp comic wit, but it is still there--this isn't Hogwarts anymore.

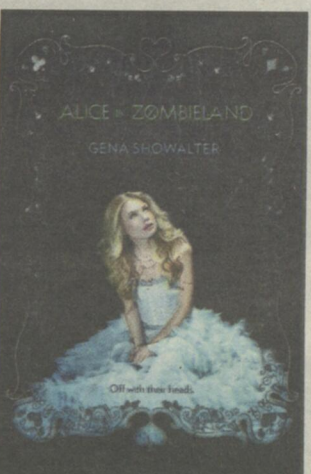


Joseph Anton: A Memoir

by Salman Rushdie (Sep. 18)

Perhaps the most important book on this list, Rushdie's "Joseph Anton" chronicles the author's astonishing life in hiding after being targeted for his 1988 novel, "The Satanic Verses." By taking up the pseudonym Joseph Anton, Rushdie was able to move from house to house under constant armed protection. How does a writer and his family deal with the threat of murder for over nine years?

Recommended for: Readers who are familiar with Salman Rushdie and wish to learn more about his life underground. Also, anyone into psychology, sociology or politics.

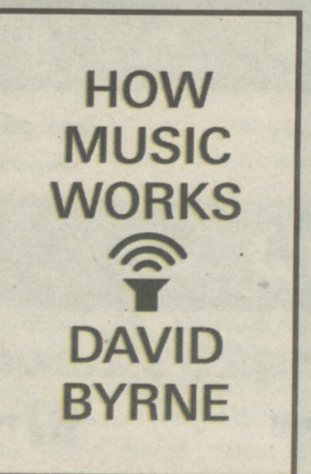


Alice in Zombieland

by Gena Showalter (Sep. 25)

Following in the recent vein of literary piggybacking, Gena Showalter provides a twisted take on Lewis Carroll's classic fantasy tale. As zombies bring tragedy into her life, Alice must learn to fight the undead before all innocence is brought to ruin. In her desperation, she must learn to trust the mysterious Cole Holland, but he may end up being just as dangerous as the zombies.

Recommended for: Science fiction fans and those who enjoyed watching Abraham Lincoln: Vampire Slayer.



How Music Works

by David Byrne (Sep. 12)

David Byrne, former singer and songwriter for the Talking Heads, pays tribute to a subject he's spent his whole life thinking about. Music, according to the author, is profoundly affected by time and place. The advent of recording technology in the 20th century irreversibly altered our relationship with the audio arts. Going from historian, to anthropologist, to physicist, to businessman, Byrne sweeps across time and space to make the case for music's life-affirming power.

Recommended for: Musicians and music fans alike; this is no specialty read--Byrne really includes something for everyone here.

From science fiction to political memoir, this list will have you covered for the rest of the semester. The Vista has scoured many a bookshelf to bring you a full serving of early-Fall gems, so catch up on your pleasure reading before midterms arrive.

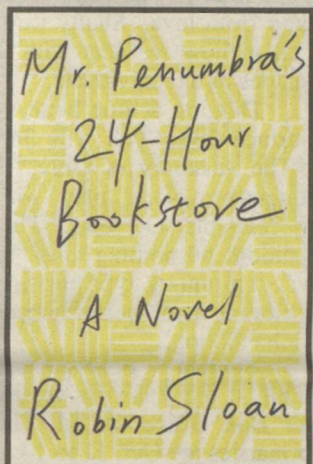


NW

by Zadie Smith (Sep. 4)

Ever since the success of her debut novel, "White Teeth," in 2000, Zadie Smith has remained a prominent player in literary circles around the globe. With her latest offering, Smith returns to her childhood home in northwest London, following four fictional urbanites as they try to make adult lives for themselves. This comedic tragedy showcases Smith's deft hand and her knack for bringing locations to life.

Recommended for: Readers who prefer depth of character rather than plot; this "urban epic" is a slow burner, more fit for the evening than the afternoon.

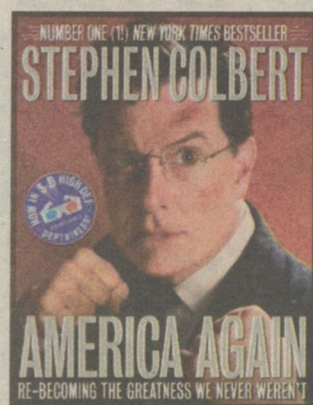


Mr. Penumbra's 24-Hour Bookstore: A Novel

by Robin Sloan (Oct. 2)

The fact that this book is set mostly in a small, dusty bookstore should not deter you from expecting big ideas and bigger mysteries. Web design geek Clay Jannon gets a boring job at the local bookstore, but soon begins noticing that his customers never seem to buy anything. Instead, they browse odd volumes in dark corners of the shop. What is this bookstore really operating as and where does Mr. Penumbra fit in?

Recommended for: Those who enjoy a healthy mix of mystery and fantasy. Sloan evokes the fairy-tale charm of Haruki Murakami while maintaining the bold and broad ideas of Neal Stephenson.

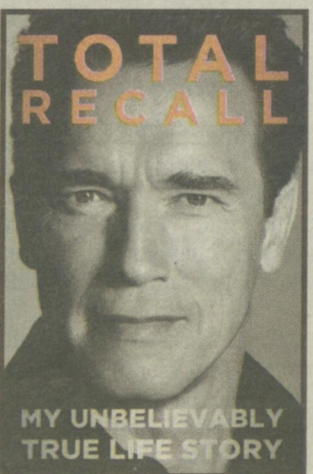


America Again: Re-becoming the Greatness We Never Weren't

by Stephen Colbert (Oct. 2)

Stephen Colbert says America is broken, so what can we do? Lucky for us, he's provided a foolproof guide to greatness. According to a special source, this book features everything from page numbers to font styles, which were huge milestones for the publishing industry. If that isn't enough to sell this book, I'm not sure what is.

Recommended for: Fans of Stephen Colbert and those in the mood for punchline-oriented political commentary.



Total Recall: My Unbelievably True Life Story

by Arnold Schwarzenegger (Oct. 1)

Hailed by some as the greatest immigrant success story of our time, the life of Arnold Schwarzenegger is surely a triumph against the odds. Born during a famine in Austria, Arnold dreamed of moving to America and becoming a bodybuilding champion. By age 21, he was living in Los Angeles and had been crowned Mr. Universe. The rest is history, but how well do you really know Arnold?

Recommended for: Those who appreciate "against all odds" rags to riches stories and have a thing for autobiographies. Anyone curious about what happened between Terminator and Governor.

ARTS & CULTURE

EDITOR
Blanca Torii
btorii@usdvista.com

Time



By Blanca Torii

A lot happens thirty minutes into a movie. Last Thursday, at the San Diego Film Festival, I found myself sitting in a theater filled with film junkies.

I had wandered into a movie called "The Oranges," starring Hugh Laurie of "House" and Leighton Meester of "Gossip Girls". The movie is about two families who have been lifelong friends. Chaos ensues when grown-up daughter Nina (Meester) returns home and develops a relationship with older David (Laurie).

Similar to "The Family Stone," it's a holiday comedy about a dysfunctional family. Both films revolve around a despised relationship and the subsequent effects upon the lives of other characters. A strong leading cast made up for Meester's mediocre acting and the slightly unbelievable chemistry between her and Laurie. Allison Janney from "American Beauty" delivered timely one-liners.

After skimming the list of showings, the next available movie was an indie film called "Things I Don't Understand." I couldn't have chosen more polar opposite films.

The second movie was about a young graduate student, Violet, studying near-death experiences. It follows Violet as she visits her cancer patient friend, to pining after the bartender, to cavorting with her artist roommates. As if this isn't enough, eventually she becomes involved in necromancy, the supposed practice of communicating with the dead. Although filled with clichés such as the broken, caustic damsel being rescued by the strong, silent knight, the movie presented an interesting dynamic where virtually all the characters lacked emotions.

After the movie, the director David Spaltro answered questions. One audience member asked about the inspiration behind the characters.

"Every character has a little bit of me in it," Spaltro said.

And indeed the question and answer session may have been the most notable part. Here in front of the audience were all the characters in one person.

Much the opposite of picking the brain of the director, skipping introductions creates confusion not clarity. Arriving late to both movies was nonetheless a different mode of viewing them. It offered snapshots of the movies where I had to piece together the puzzle myself. It's like automatically knowing someone without having formally met the person.

To sum it up, I don't recommend watching movies in this way, not unless you're someone who doesn't enjoy formalities.

What's playing in the "Black Box"

By Sara Butler

This year the theatre arts and performance studies department is celebrating its 10th anniversary as an official USD major. From the informative lunchbox workshops, panels and presentations, to a red carpet alumni event for next month's production, this year's celebrations have only just begun. Kicking off the festivities is USD's performance of the upcoming drama, "The Anatomy of Gray."

Anatomy is defined as "a branch of biology and medicine that considers the structure of living things" and gray is defined as "an achromatic or neutral color". The combination of the two results in the intriguing title of USD's newest upcoming production "The Anatomy of Gray."

In fact, "The Anatomy of Gray" is a play about loss, love and a little luck. Set in the small, Midwest town of Gray in the 1800s, a young girl June wishes for a doctor following the mystery surrounding the tragic death of her father. Miraculously, one falls out of the sky, literally, as an answer to her prayers. Together, the miracle doctor, Dr. Gray and his new protégé June, take on the duty of curing the town from a deadly plague. The initial hope that the newcomer's arrival brings to the town is slowly replaced with fear and blame as Gray's citizens turn against each other. Inspired by the AIDs epidemic in the '80s and '90s, the play deals with these emotionally raw topics including disease and isolation.

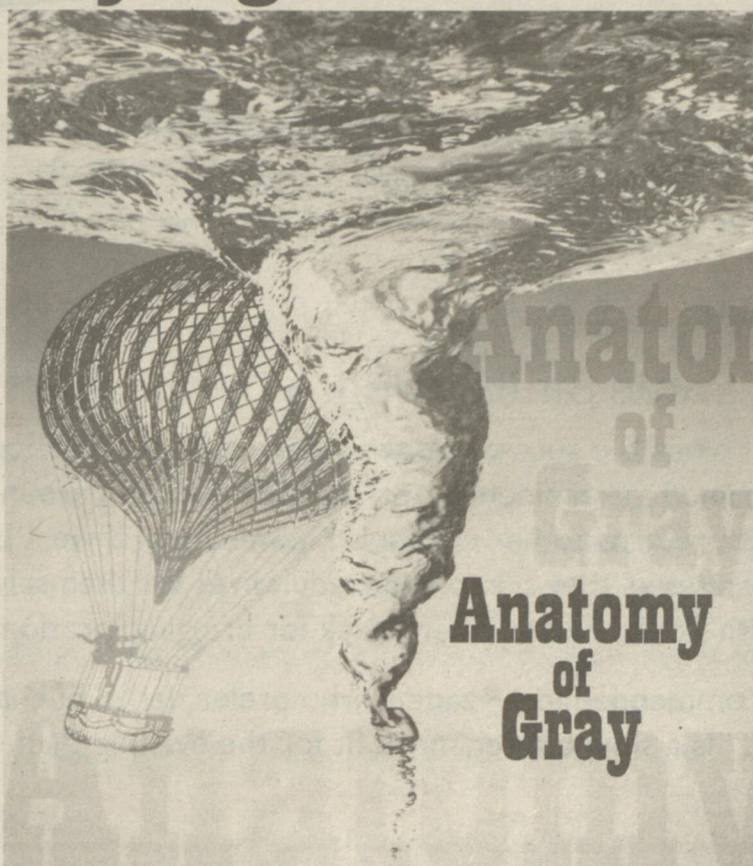


Photo courtesy of Lori Fiori
Anatomy of Gray, the new theatre arts and performance studies department, production, twirls in on campus with voice and direction.

Nicolette Shutty, a junior theatre arts and anthropology double major at USD, who has been acting for nine years, plays the lead character June.

June is a Dorothy out of Kansas type character with a twist.

"[She is] a young girl who wouldn't shut up about love, loss, grief, sex, longing and weather," Shutty said.

Shutty invests her enthusiasm in the play's story development.

"I love the tornado scene right now...you really start to see how the characters interact and their points of view," Shutty said. "Each actor has brought such a unique point of view to their character, and it's fun to see how we all feel about each other and how we function within our society. [Playing June] is pretty much an acting dream come true."

The cast of the play has had only a month to prepare this entire production. With less than a

week until the curtain rises, those involved are working harder than ever. All night rehearsals are in full swing, and the cast just completed their first run through. While they still have some work to do, they have accomplished amazing feats as a dedicated and connected cast. This collaboration has helped them to truly build this play into its current present recreation, as they rely on each other's emotions and takes on the material.

The complicated plot and dynamic characters help us decipher the underlying message of the play. While "the anatomy" references Dr. Gray's medical practice, it also refers to the structure of the town's society. The different characters, from goofy Homer to innocent June, provide such an intricate weaving of a diverse community plagued by disease and the judgments or realizations that arise from that foreign misfortune.

"I think it can be summed up in one line: 'We all come from loss and from love,' Shutty said. "It's all in how we deal with it that shapes us as individuals."

Digging a little beneath the surface layer, you will find that "The Anatomy of Gray" is a thought-provoking play with many relatable elements. This play should be nothing close to "gray." It promises to be bursting with vibrant actor performances and rich emotion.

Student tickets are available at the Hahn University Center Box Office for \$8. The performances are Oct. 11 to 14 at 7:30 p.m. with 2 p.m. matinees on the weekends.

Change your world in one hour

By Maria Yakovleva

"Identifying a problem, seeing a glass half full and thinking, 'How do I exploit that opportunity to change the world?' That is a changemaker," Patricia Marquez said. On Sept. 27, Marquez taught the Leadership of Changemakers workshop in Mother Rosalie Hill Hall.

Marquez was previously a professor at the Instituto de Estudios Superiores de Administracion Business School in Venezuela as well as a visiting professor at Harvard University. She currently teaches both graduate and undergraduate courses in leadership and business at USD.

Professors say, "be a changemaker" in classes and posters constantly remind students that they are on a "changemaker campus," yet many students struggle to relate to the changemaker concept and make it their own.

What is a changemaker? Marquez began the workshop by asking attendees to define a changemaker. Responses varied from "having a vision" to "taking action in social issues," but there was no absolute definition.

Marquez gave examples of current leaders in social issues to further explain the changemaker concept. Rodrigo Baggio, the founder of Centers for Digital Inclusion, empowered poverty-stricken communities to use technology. Baggio's mission

required various resources such as computers and storage space from sources like the U.S. Government.

Bill Drayton of Ashoka, a nonprofit organization that identifies and supports social entrepreneurs, spoke on how Baggio gained resources from the U.S. government.

"Him [Baggio] and the idea were completely married, and they knew Rodrigo was someone they could trust."

As result of this, Baggio has been identified as a changemaker.

"Baggio is a perfect example of a changemaker, since he is always restless and sees the capabilities of a community and has the eye for improvements," Marquez said.

In order to be a leader in changemaking, Marquez states that one must think differently. The professor introduced a general outline for leadership thinking.

First, leaders must think in systems by approaching the different aspects of the issue in order to cause social change. Next, changemakers understand problems and design solutions. They also have to think creatively while planning solutions. Ultimately, leaders in changemaking need to think with a focus on outcomes.

Not only does changemaking involve ways of thinking, it also involves ways of being. Marquez explained four personas that a changemaker must take on in order to be successful:

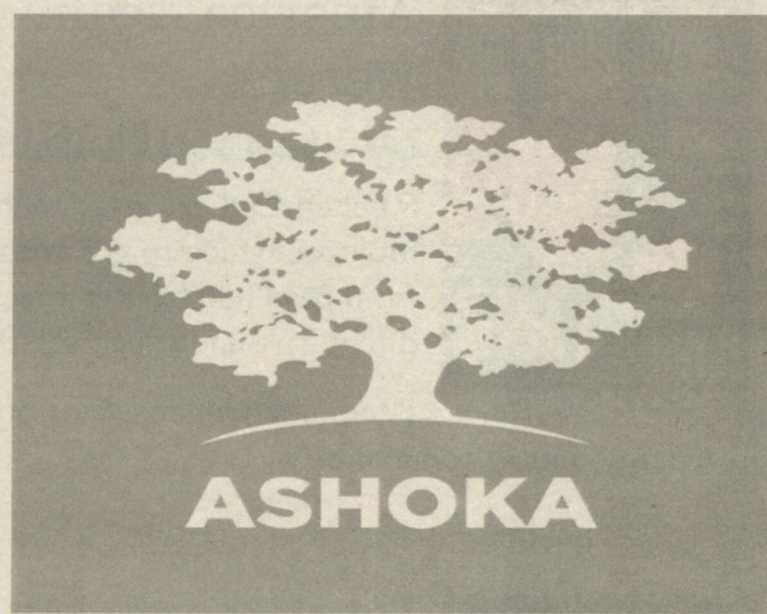


Photo courtesy of Ashoka
Ashoka is the parent organization of the Changemaker movement, of which is the topic of a USD workshop and plants the seeds of growing as a leader.

entrepreneur, innovator, bridge builder and connector. Each persona helps connect the ideas of being aware and understanding of the problem, creating a solution and growing and expanding upon the vision.

Marquez also talked about being comfortable with failure.

"Failing is not a bad thing," Marquez said.

Everyone fails. It is inevitable experience of changemaking, she said.

Marquez's lecture helped students understand the purpose of a changemaker campus.

"It surprised to me to see Marquez incorporate the element of social entrepreneurship in

changemaking, because I always thought of entrepreneurship as business related," senior Andrew Bakhtiari said. "I now know that leaders in changemaking don't just see opportunity, they seize it."

The workshop not only informed but inspired students about what it means to be a changemaker. Marquez took a note from another leader, Mahatma Gandhi.

"Get involved. Be the change you want to see in the world," Marquez said. "The changemaker concept is for you to create."

What are you going to change today?

“Perks” is infinitely worth watching

By Shannon Henley

“And in that moment, I swear we were infinite.”

The tagline of the film “The Perks of Being a Wallflower,” was popularized by the best-selling young adult novel by Stephen Chbosky. The author wrote the screenplay and directed the movie, which was released in San Diego last week.

The film features Logan Lerman as Charlie, an awkward and shy freshman trying to find his place in high school. The book is structured as a series of letters to an anonymous person whom Charlie calls his “friend.” This feature is also included in the movie with voiceovers by Lerman. With similar aspects such as this, the film captures the essence of the novel and will satisfy readers of the book.

As Charlie experiences his first few days of high school, the audience learns of his exceptional intelligence but his unwillingness to participate in the student body. To participate more, Charlie decides to attend a football game, where he meets and befriends seniors Patrick (Ezra Miller) and Patrick’s stepsister, Sam (Emma Watson).

Patrick and Sam are a boisterous duo and accept Charlie nearly immediately, introducing him to their friends Bob (Adam Hagenbuch), Mary Elizabeth

(Mae Witman) and Alice (Erin Wilhemi). During a party with Sam, Patrick and their friends, they toast Charlie and declare him a “wallflower,” which means he observes things and understands them in ways that most people don’t. After this, Charlie becomes a part of their group. He discovers the nuances of his new friends’ personalities and shares in their experiences. The movie follows Charlie, Sam and Patrick as they experience the ups and downs of high school and how friends can make it more worthwhile.

The acting in this film is one of the highlights. Lerman was able to perfectly capture the shy yet observant personality of Charlie. Lerman’s performance took the audience on a journey as Charlie grows as a person and realizes the people he can depend on. Charlie invoked many emotions as the audience felt what he was going through and related to him.

Emma Watson, in her first major role since the Harry Potter series, showcased a different side of her as Sam is a character in complete contrast to Hermione Granger. Watson puts on an American accent and captures the exuberant spirit of Sam with ease. Miller’s portrayal of Patrick brought some much needed comic relief to an otherwise very serious movie. Patrick, as a gay senior, has to face some harassment over his sexuality. Overall he knows

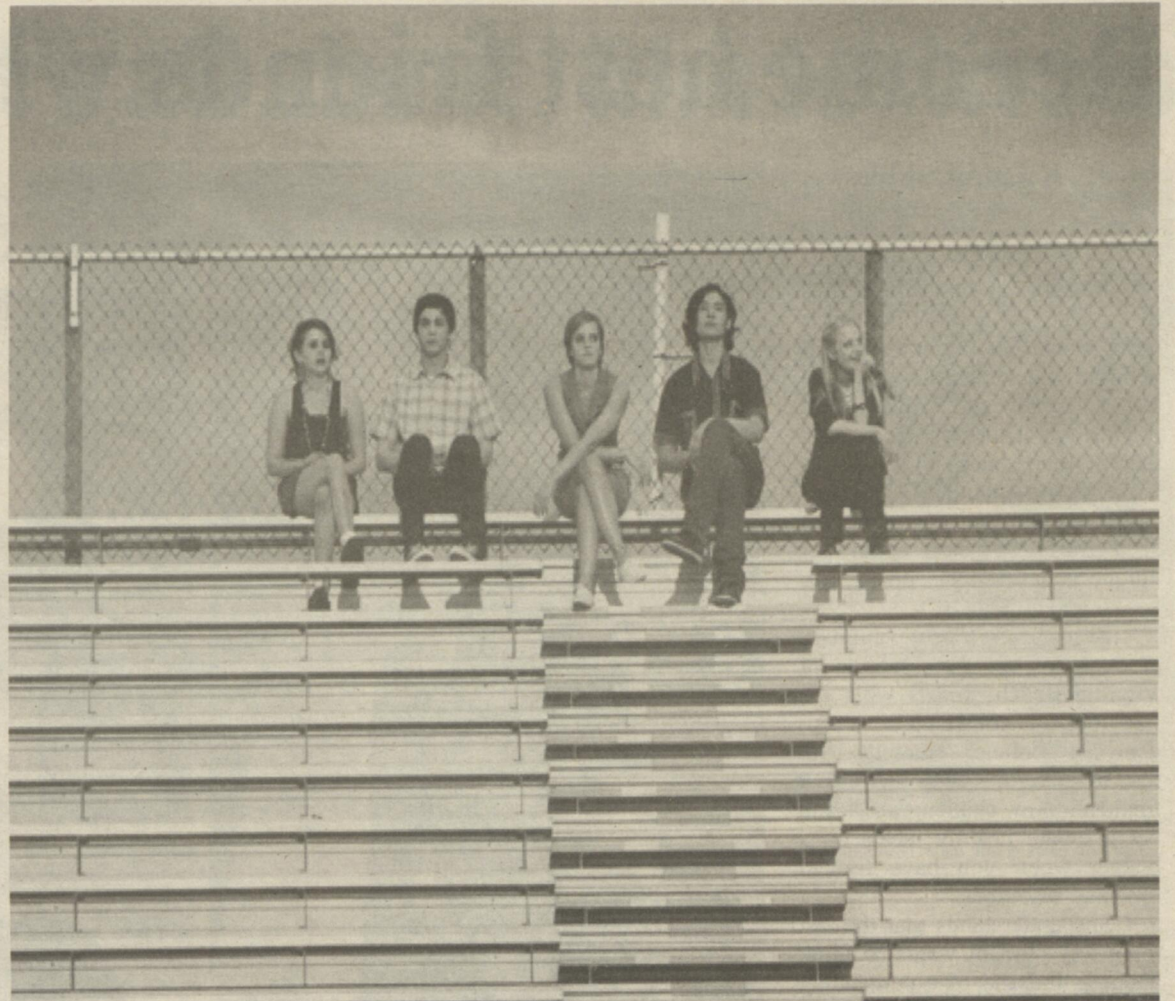


Photo Courtesy of Summit Entertainment

“We are infinite,” is the tagline of the film “The Perks of Being a Wallflower,” with the cast shown.

who he is and refuses to be less of himself for anyone. Miller portrays Patrick’s easygoing and funny personality with tact. He is also able to showcase Patrick’s inner sadness and does not downplay the serious moments of his film.

Anyone who chooses to see the film, whether or not they have read the book, will be able to relate

to one aspect of the plot with its many unique characters and story development.

The film addresses subjects that are very much relevant in our world today: depression and anxiety, abuse, homosexuality, drugs, the desire for acceptance and love. These themes are treated with great finesse by director and writer Stephen Chbosky as well

as the cast, who do not take these issues lightly.

“The Perks of Being a Wallflower” is an incredible film which explores the various sides to high school with a unique spin through its actors and their portrayal of the characters. By the end of the movie, the audience understands what it means to truly feel infinite.

Foodie on a budget: tasty taco thrills

By Katelyn McCullough

If there is one cuisine that Southern California is known for, it is Mexican. It is almost impossible to not find a Mexican restaurant in California, especially San Diego. However, it can be difficult finding one that is not only authentic but delicious. Here the California burrito reigns supreme, but every so often, a freshly made taco is what hits the spot.

At Oscar’s Mexican Seafood, everything is small: the storefront, the seating area, the menu, but not the portions or the quality of the food.

The specialty at Oscar’s is their tacos. Others can opt for burritos or quesadillas. However, this choice may be a mistake because Oscar’s is known for their tacos stuffed with seafood.

Arriving at Oscar’s, the restaurant resembles a tiny shop, but upon entering the delicious aroma of grilled fish and tortillas hits you, and the small area becomes irrelevant.

You place your order first at the counter, and within a few minutes your order is ready. As far as seating options go, you can sit inside at the bar, or you can go outside and eat at the tables or bar. The seating is very limited, but the tacos are good enough that you could eat them standing up and be fine.

I came upon this place by the recommendation of a

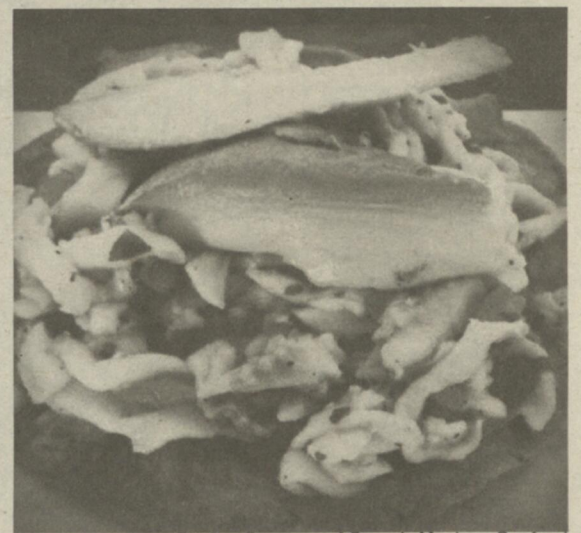
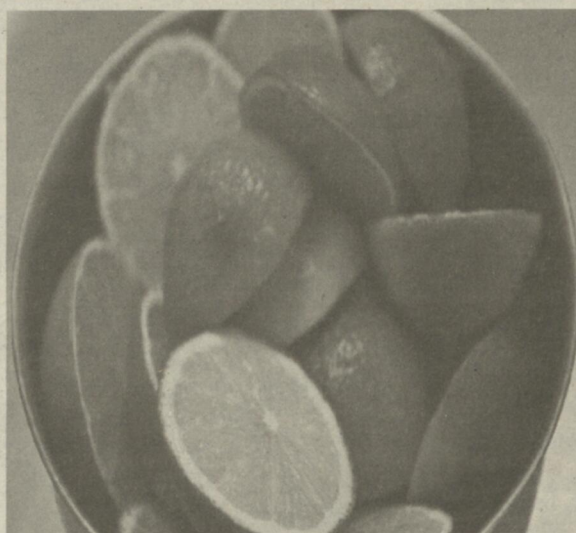
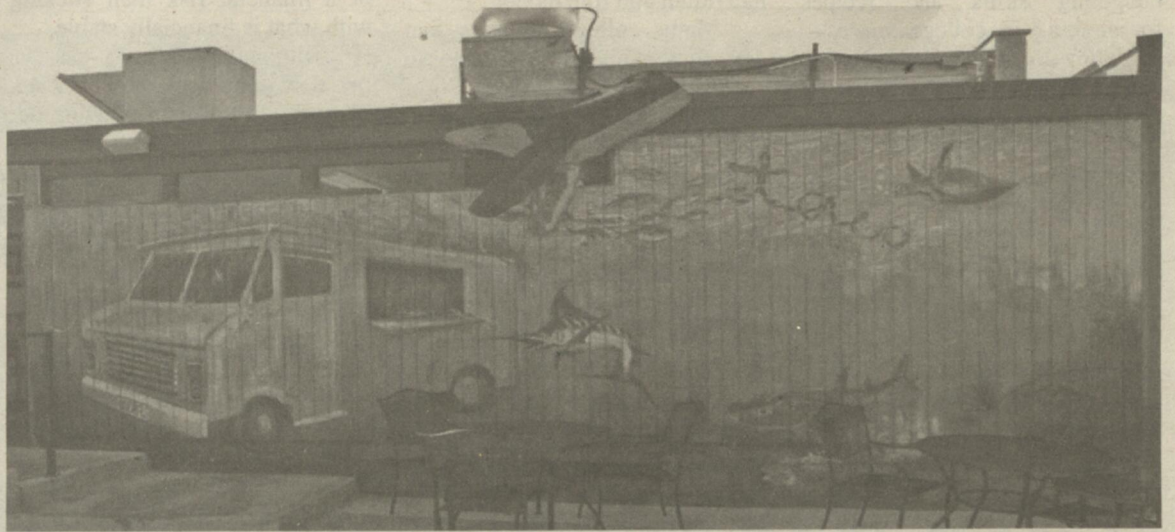
friend, who said that the food was flavorful and the tacos had a generous serving of fish. She had tried the spicy shrimp taco, but another favorite of hers is the Taco Especial which comes with shrimp, the fish of the day and scallops.

However, if you want a taste of land with your sea then you can get the New York Steak Taco or the Surf and Turf Taco, which is the skirt steak with shrimp. Each taco is served in a corn tortilla with shredded cabbage, tomatoes, onions, cilantro and a slice of avocado. Unfortunately, you are only given one taco, but for the average price of \$4, I can’t really complain.

When I went, I decided to order my friend’s recommendation of the Spicy Shrimp Taco. It definitely lived up to the expectation of a traditional fish taco, but I would say much better than Rubio’s.

The shrimp was cooked perfectly and just marginally spicy, with a slightly harder kick later on. However, due to the spiciness of the shrimp, the combination of the avocado and the shredded cabbage helped balance out the heat level. I will admit, though, that once I took a bite, the heat took effect and I felt the burn well throughout eating the rest of my taco and about 10 minutes after. The burn is well worth it.

The only downside to Oscar’s is that, in Pacific Beach, it is hard to find, and parking is limited.



Photos Courtesy of Oscar’s Mexican Seafood

Top: The outside of Oscar’s Mexican Seafood, a taco joint known for their tasty tacos. Lower left: The essential tub of limes to complement the tacos. Lower right: An example of the taco with avocado.

It is a hole-in-the-wall that is definitely worth visiting. While location and multiple options (Oscar’s primarily serve tacos) are nice, the quality of food is

what matters most to me. So if the unbearable urge to consume a choice meat wrapped up in a tortilla becomes overwhelming, or if you are simply looking for

a great taco place for lunchtime, or a quick Mexican food run, I recommend Oscar’s. It’s good enough to cure cravings with a single bite.

ARTS & CULTURE

EDITOR
Blanca Torii
btorii@usdvista.com

Become best friends with your kitchen

By Kristin Dubble

Clueless in the kitchen? Sick of Tu Mercado food? Living in a dorm room? On a tight budget? If you find yourself answering yes to any of these questions, then you're in luck. On Thursday, Oct. 11, in the Palomar Lounge of the Alcala Vista apartments, USD students have the opportunity to meet chef Nisa Burns to learn about her unique and practical approach to cooking in college.

Burns, a recent culinary graduate of the Art Institute of Virginia Beach, knows what it's like to be a stressed out, sleep-deprived college student. Not too long ago, she experienced firsthand how challenging it can be to create healthy meals on a budget when you have limited time and resources.

She understands that the last thing any student wants to think about at the end of a demanding day is what to eat. Her new book takes all the guesswork and planning out of preparing quick, simple and scrumptious meals while teaching college students the bare basics of cooking.

Burn's new cookbook, "Kitchenability 101: The College Students Guide to Easy, Healthy, and Delicious Food," comes out later this month. It shares her philosophy of "becoming best friends with your kitchen in order to feed yourself for life."

This is not your standard cookbook. Burn's book contain an array of simple and healthy recipes. According to her website, kitchenability.com, it also offers, "shopping plans, supply lists, budgeting skills and recipes for cooking in college spaces — including dorm rooms, apartments and houses." It is one for those tired of feeling sluggish from the constant consumption of takeout

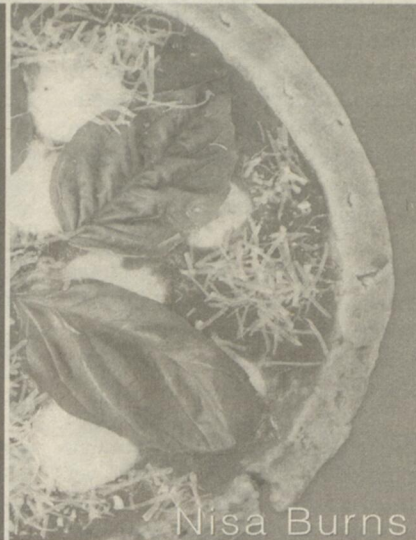


Left: Nisa Burn, a recent culinary graduate, will arrive on a campus apartment complex to host a cooking demonstration. Top right and lower right: Burns' cookbook especially for college students.

101

The College Student's Guide to Easy, Healthy, and Delicious Food

Kitchenability



Nisa Burns



Photos courtesy of Stephanie Ridge

and fast food.

In addition to the free cooking demonstration is the chance to meet a remarkable young individual and role model.

Many college students can empathize with Burn's journey to get to where she is today, as CEO of Kitchenability Inc. and "the Chef of a New Generation," according

to some of her associates. In the competitive job market of today's world, it's often discouraging to follow your dreams when it's more of a financial risk than sticking with what is financially stable.

Although Burns has a practical approach to cooking, her attitude toward following her dreams is far from conservative

and exudes with the passion of doing what she loves. Burns offers advice for students her age who haven't figured out what they want to do with their future.

"You just have to go for it," Burns said. "Two years ago I never would have thought I would be coming out with my own cookbook. In college everyone

has a change of heart or a switch that flips. You have to follow your intuition."

Burns originally went to school to study nursing. It was not until she had completed all of her general education requirements and was admitted into nursing school that she realized that nursing was not for her. Stressed about her future, Burns turned to the only thing that calmed her down, cooking.

"Flour was flying everywhere and I was on the verge of a breakdown when my boyfriend walked in and asked why I wasn't doing this for a living. Since then everything sort of clicked and I realized what I should really be doing with my life."

In high school Burns always loved volunteering at the hospital and interacting with patients, which inspired her to study nursing. She still has this same love of interacting with people but applies it in a new way.

She describes the relationship you develop with your kitchen as being analogous to a relationship you enter with someone special to you.

"In the beginning you're always very careful and cautious, but after some time you become comfortable and confident together and ultimately content."

Burns believes anyone can learn how to cook and that too many people come up with excuses as to why they shouldn't challenge themselves.

Burns' humble and down to earth character promotes the core messages she hopes to share in her book.

"Ultimately I want to motivate everyone to feel like they can do anything; I want everyone to see that having the confidence to do something that they aren't used to doing can be beneficial to all aspects of their lives and not just with cooking."

Banana cinnamon waffles

When I was a child and running late for school, my mom often handed me this waffle breakfast sandwich wrapped in a paper towel and gave a simple order: "Go." Even when I was rushed, my mom instilled in me the importance of eating breakfast every day.

What You Need

2 whole-grain toaster waffles
2 tbsp peanut butter
1/2 banana
1 tsp honey

Makes one serving
Dorm friendly

What You Do

1. Toast the waffles to desired crispness.
2. Spread the peanut butter on one side of each waffle.
3. Slice the banana into 1/4-inch rounds.
4. Place the banana and honey on one side of the waffle, and sprinkle with the cinnamon.
5. Close like a sandwich and enjoy.

And that's what it's all about, film festivals

By Blanca Torii

Film festivals allow a strange assortment to be played at the same time. Shown over the course of five days, last weekend the San Diego Film Festival hit the town.

Although the film festival is open to the public, an exclusive group of people showed up to the event. Because of the price and the level of mystery surrounding film festivals, most people stay at home.

The lowest price is 50 dollars for a day pass while all five day passes run from 175 to 300 dollars. Factoring in the unknown, most people do not know what film festivals entail.

For this year's eleventh annual film festival, over 100 films were chosen from a selection of 1,300 films. Split into two venues, theaters in La Jolla and Gaslamp Quarter showed a number of films each day. Speckled in with the opening night in Fluxx nightclub, a block party showing "Almost Famous" and industry panels every day, the recipe for film festivals is straightforward.

Several factors add to the allure of film festivals.

Film festivals show movies not released until later in the season. "Silver Linings Playbook," showing in November, stars Bradley Cooper and Jennifer Lawrence ("The Hunger Games") as Pat and Tiffany. Both characters recently emerge from mental rehabilitation and find mirror-like images in one another. Cooper is funny as a crazy man. Lawrence matches Cooper's blunt, Hemingway-esque way of speaking. The audience trips

between thinking that the two characters are in league with each other and acting for selfish reasons. An Eagles game, Robert De Niro as a superstitious, OCD dad and a free-style dance competition later, the film finds a way of revealing all truths in the end.

Not often readily available to the public, film shorts series are groups of movies ranging from ten to thirty minutes, often with a theme. In "A Different Kind of Love," films contemplate the meaning of morality and aging with atypical perceptions of love. "Caterwaul" showcases a lonely fisherman who forms a kinship with a muppet-like crustacean. Shot in the style of a monochromatic, realist photograph, the binding moment is when the fisherman wakes up to the lobster creature trying to play the piano. In "Cadaver," a graphic novel comes alive in the form of an eight minute film. A young girl narrates in witty rhymes as she apprentices a doctor while a body on the cutting board jerks awake. The elderly corpse, along with the girl, takes a road trip to discover what he did not know in life. In "Henri," a sci-fi film inserts flashes of the ocean with images of a robot-like man Henri in outer space. In a clip, Henri talks to a human woman named Dr. Calvin. As the film pans out, the human Calvin is shown as a decaying body. Henri lives a cave-like existence, marking tallies on the wall, when eventually he remembers his past life as a human. The visceral, stunning short film ends in a literal explosion.

Question and answer sessions with filmmakers create intimacy. The director and writer

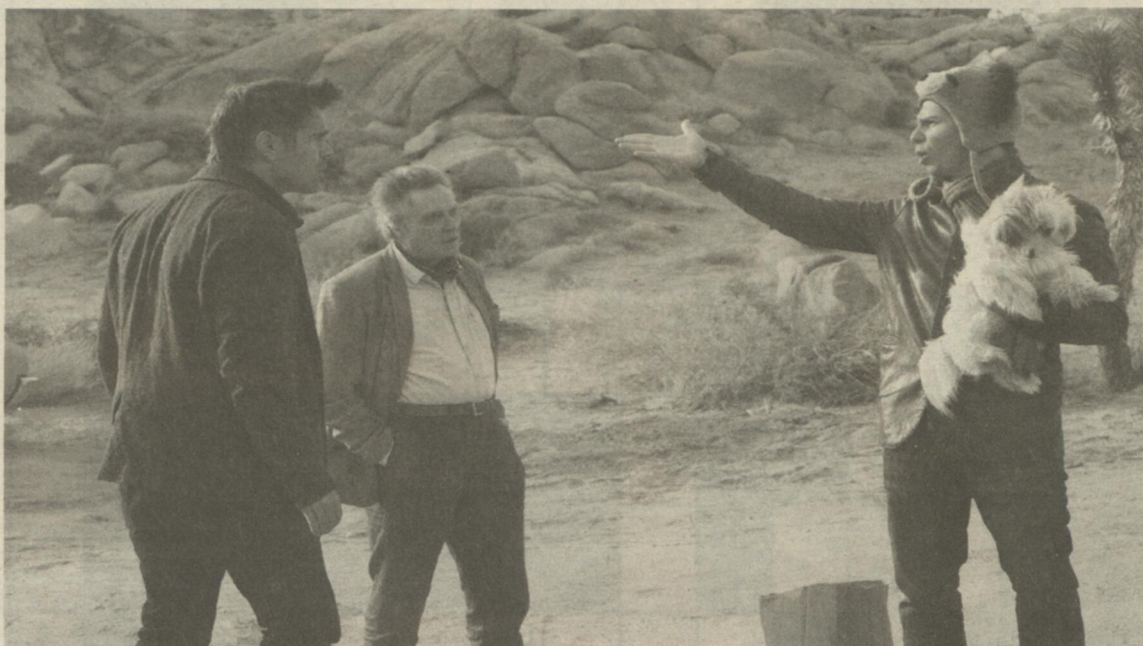


Photo courtesy of Blueprint Pictures

The film screening of "Seven Psychopaths" during the San Diego Film Festival was so popular that a second theater had to be opened to accommodate the number of people coming to see the raucous film.

Martin McDonagh of "Seven Psychopaths" answered questions at random from members of the audience. Opening with different hosts for various films, Scott Nance, the film critic for Access Hollywood, hosted the special screening of "Seven Psychopaths."

The number in the title is important, as the film follows writer Marty (Colin Farrell) as he writes a story about the bloodthirsty insane. The fictional characters from Marty's novel, then numerically listed as revealed throughout the movie, gradually blur the line between real and concocted. Sam Rockwell plays Billy, a megalomaniac actor who places himself in the heat of the action. In "Seven Psychopaths," the action revolves around a missing Shih Tzu. Boasting

a number of the scruffiest, most idiosyncratic actors in Hollywood, the film includes Woody Harrelson, Christopher Walken and Tom Waits. The film spins fictional stories which mostly all end up being true. It's a film about making films with a Western element and fifties music playing throughout. The director McDonagh addressed the subject of his film.

"I wanted it to not be about guys or guns, but [to be] about love and peace," McDonagh said.

Yet much like his 2008 film "In Bruges," the film is exactly that.

In a brief version of "Inside the Actors Studio," and with the filmmaker not the actors, McDonagh received questions from the audience ranging from

inspiration in the making of the film to his writing style. My writing style is to sound like it's being made on the spot, the filmmaker said.

With the last question on writer's block, although McDonagh said that he had never experienced it, he offered advice for the afflicted.

"I'm really lazy as a writer," McDonagh said. "You just got to sit down in front of a horrible blank page and do it. Even if you sit there for three hours that's still writing."

Just as other films brought up intriguing topics, "Seven Psychopaths" introduced the idea of inspiration behind creation. Such is the result of hosting film festivals such as the one held in San Diego this past weekend.

Oct. 4
The Black Keys
Valley View Casino Center
7:30 p.m.

Oct. 6
Dr. Dog
@4th and B
9 p.m.

Oct. 5
Kimbra
@HoB
6:30 p.m.

Oct. 10
Kendrick Lamar
@SOMA
7 p.m.

Oct. 7
Ben Howard
@Belly Up
7 p.m.

Oct. 11
Book Discussion
w/Rudy Guevarra
@SLP Courtyard
6 p.m.

EDITOR
Blanca Torii
btorii@usdrivista.com

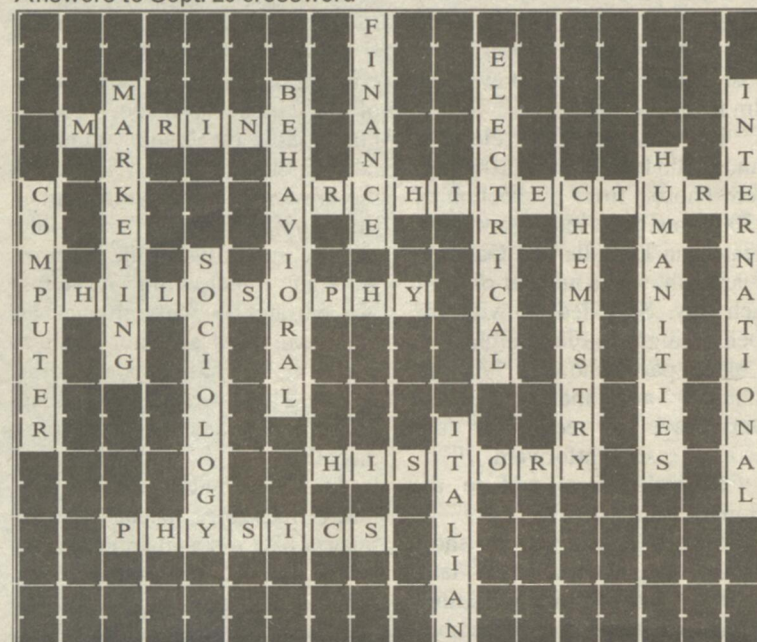
Across

3. If you don't like crosswords, try this alternative sometimes featured in *Opinion*.
5. The decade in which *The Vista* was established.
7. The time of our writer's meetings.
8. The location of our office.
9. Our web URL.
12. Phonetics of the first letter of the names of two of our section editors.

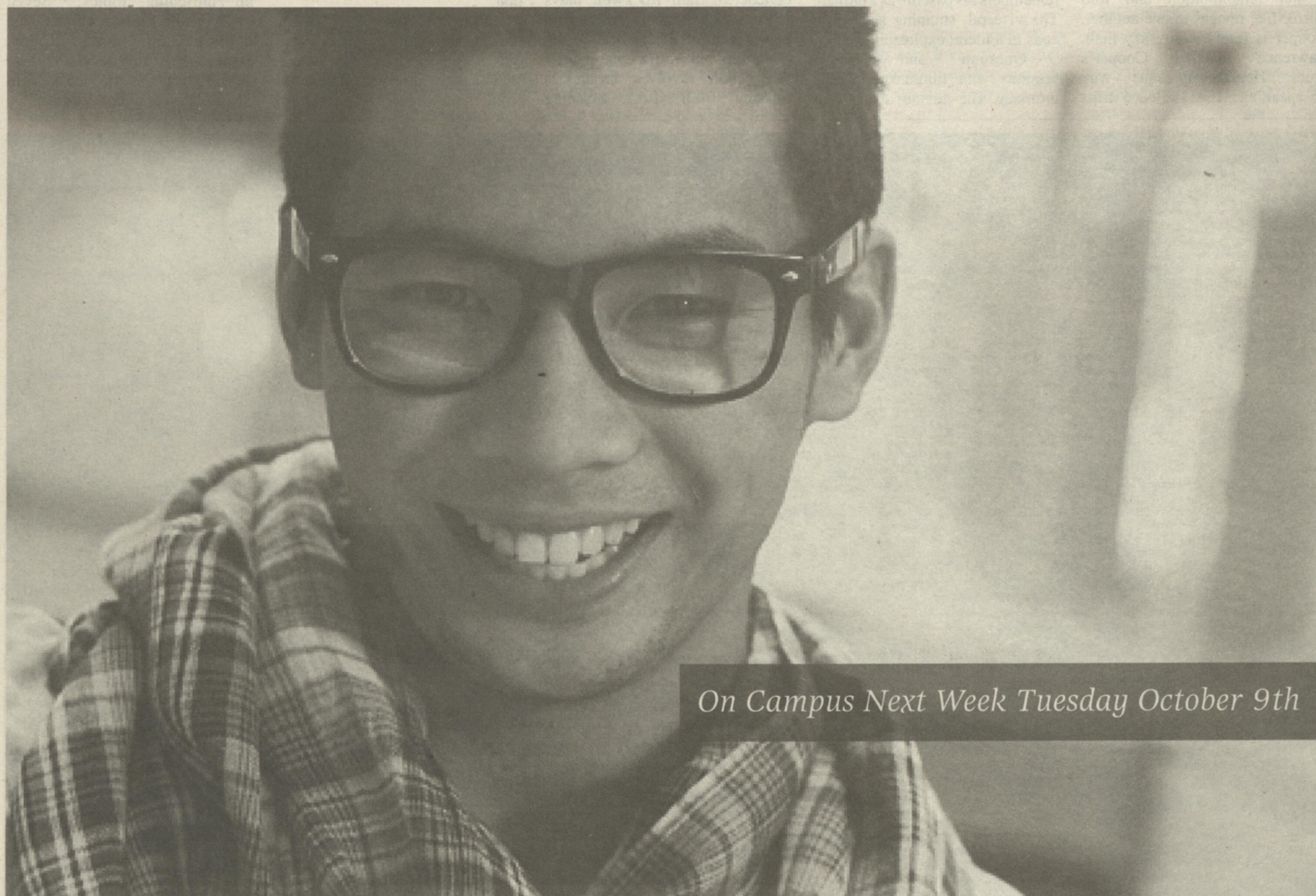
Down

1. First section.
2. The day of the week of our writer's meetings.
4. Surely you know what The Vista is.
6. First name of Editor in Chief _____ Cabalse.
10. The word "vista" minus "i" spells this.
11. Number of pages in this week's issue.

Answers to Sept. 20 crossword



RESHAPING THE FUTURE OF LEGAL EDUCATION



On Campus Next Week Tuesday October 9th

INDEPENDENT / INNOVATIVE / INSPIRING
visit us online cwsl.edu

CALIFORNIA WESTERN
SCHOOL OF LAW | San Diego



Celebrate the Spirit of Olé!

Friday, October 12

TOREROS, TUNES
AND DINNER
6-8 P.M.
UPPER SLP PLAZA MAYOR
USD Students: \$10

STUDENT CONCERT
6:30 P.M.
TORERO WAY IN FRONT
OF THE UNIVERSITY CENTER
USD Students: FREE with I.D.

Saturday, Oct. 13

TAILGATE AND PICNIC
11 A.M.-2 P.M.
USD LAW SCHOOL
PARKING LOT
USD Students: \$8

FOOTBALL GAME
USD TOREROS VS.
CAMPBELL CAMELS
2 P.M.
TORERO STADIUM
USD Students: FREE with I.D.

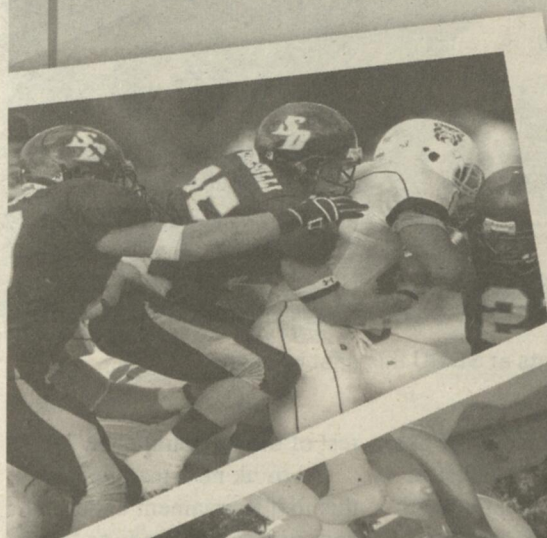
STUDENT MOVIE NIGHT
FEATURING "YES MAN"
8 P.M.
SLP PLAZA MAYOR

Sunday, Oct. 14

ALUMNI AND FAMILY
CLOSING MASS
10:30 A.M.
FOUNDERS CHAPEL

**It's a Torero family
celebration and we
can't wait to see you
at this Olé weekend!**

**Register today at www.sandiego.edu/hfw
Online registration closes
on Oct. 7 at 5 p.m.**



SPORTS

EDITOR
Nick Dilonardo
ndilonardo@usdrista.com

Feathers



By Nick Dilonardo

I began to notice in highschool that the kids that believed in God played harder. When coach would have us line up for another set of sprints in the August heat, after the fat kids fell out and the weaker ones quit, some just handled it better.

I had a lot of anxiety in high school. It was the kind of thing for which some doctors give you pills. I'd get nervous sometimes in practice during conditioning. I was afraid they'd run us until I died, as silly as that sounds. I suppose it's not so silly when it's 100 degree heat and there's a tyrant ordering 65 young men to sprint back and forth across a field until they puke. It's not so silly when they've got you lined up with your legs six inches off the ground next to your friends who have to get up and run with high knees over you across the field, inbetween your lifted legs.

I think of this now while thinking of the role faith plays in sports. When I played, I had none. Not that I believe in God now - I don't. But I did not have the ability to believe in something blindly - the definition to me of faith - like I can now. Without faith, I was limited.

I tell my sister now that she is limited if she isn't able to believe in something beyond herself. I don't offer her God, because since thirteen she's been more of a devout non-believer than me. But what I hope she understands is that without faith - be it in God, the devil, yourself, whomever - you are limited in what you can accomplish.

If I lined up on that chalk line to sprint again, I'd reassure myself that whatever happens, happens. Anxiety falls away when you accept that you don't have control. It takes faith to maintain. Without that faith, it's a lot easier to fall out of sprints at the end of practice.

Emily Dickinson said, "Hope is this thing with feathers." Woody Allen wrote a book "Without Feathers," alluding to Dickinson. I think trying to play a sport without faith is a bit like being without feathers. Without faith, there's a limit to how high you can soar. There's no promise you won't hit a telephone wire, if you do fly. But you can fly with faith, or with trembling self-consciousness. Sometimes, it's not so bad to be ignorant, and what else is faith but a beautiful form of ignorance? It's not easy to believe in something blindly, but it is necessary, especially if that something is you.

Women's tennis shines at SDSU

By Stephanie Hoffpauir

Over the weekend, womens' tennis headed over to San Diego State University's Aztec Tennis Center to play their first fall tournament of the season. The weekend tournament began on Friday, Sept. 28. at 9 a.m. and ran through most of Sunday afternoon.

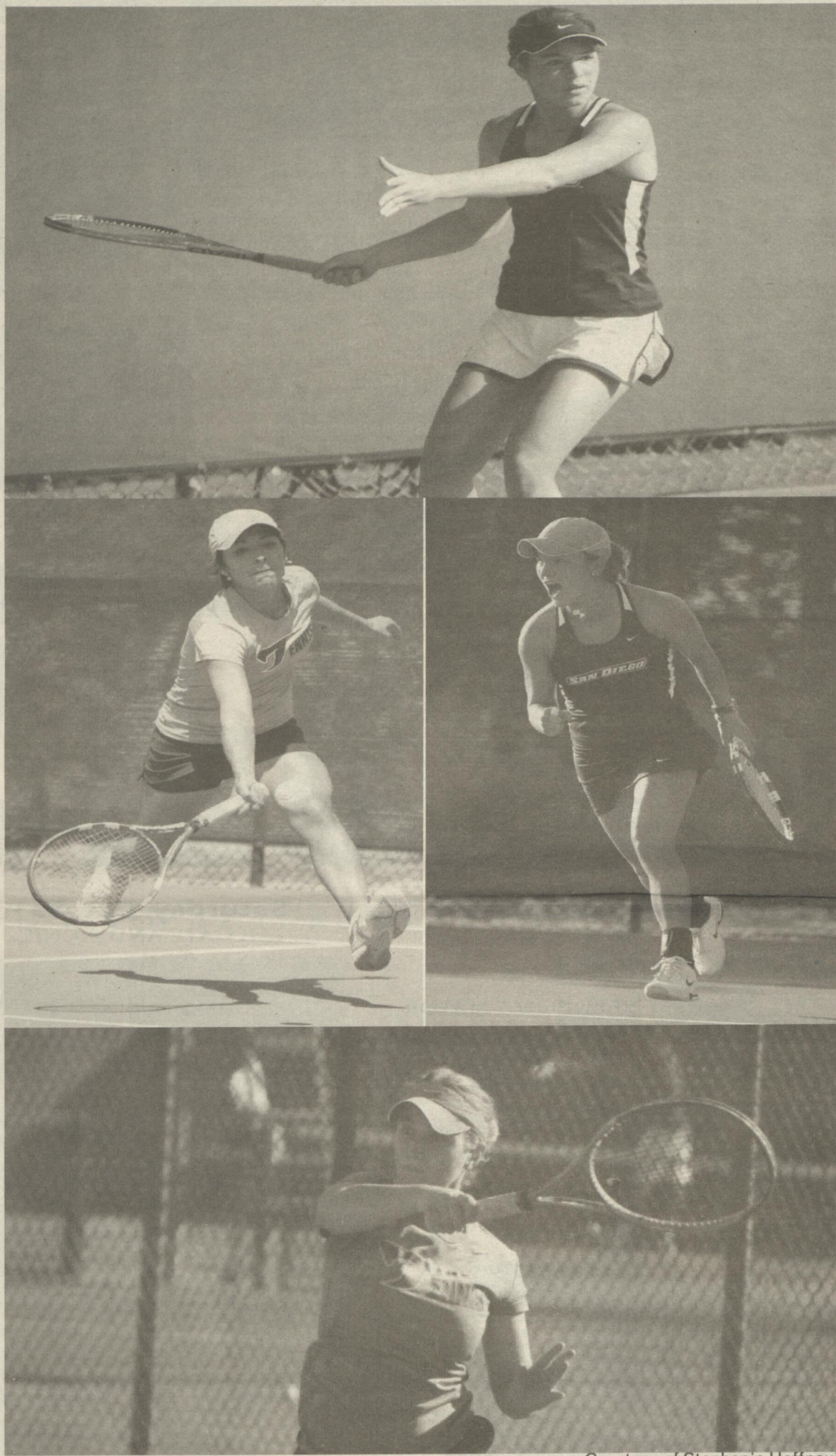
The USD women's tennis team fought against six competitive teams from around the country: the California State University Northridge Matadors, the Pepperdine University Waves, the University of North Texas Eagles, the host San Diego State Aztecs and the New Mexico State University Aggies in both divisions of doubles and singles. With a successful start to the weekend, the Toreros took home three singles and two doubles wins.

On the first day, seniors Stephanie Hoffpauir and Cara Brown took their very first doubles win in the tournament, defeating sophomore Corinne Snyder and Leslie Chang 8-1, of the Matadors. Also in doubles, freshman Marta Stojanovic, started with her first match as a Torero and snatched a victory of 8-3 over the rival Aztec team, Michela Casanova and sophomore Laura Antonana with doubles partner and senior, Laura Claus. Juniors Anna Depenau and Idil Haciraifoglu fell to a competing team from the Eagles, senior Barbora Vykydalova and partner, senior Valentina Starkova.

In singles, Hoffpauir triumphed against Starkova for the Toreros, with an overall score of 6-2, 6-4 while fellow Torero Brown stepped into battle and captured a win over the Matadors' freshman Maria Pistalu with a score of 6-4, 6-0. Torero junior Idil Haciraifoglu too brought home a win in a close match against the Eagles' freshman Emilia Box, 6-3, 7-6 Friday afternoon. The Toreros' Laura Clause lost her match against the Waves' sophomore Lorraine Guillermo 6-0, 6-1 while Toreros' Marta Stojanovic also dropped sets to Llona Serchenko from North Texas, 6-3, 6-4.

With day two's doubles starting at 9 a.m., Claus and her doubles partner Stojanovic advanced to the finals with their win of 8-4 over both Pistalu and Warren from the Matadors, while on the other side of the doubles bracket both Hoffpauir and Brown breezed over Guillermo and Panu, 8-1 of the Waves.

In singles, Hoffpauir proceeded to the final rounds with a victory over the Aztecs' junior Julia Wais in a three-hour match with an ending score of 7-6(5), 6-7(5), 6-2. Brown also advanced to the final rounds in her bracket defeating the Eagles' freshman



Courtesy of Stephanie Hoffpauir

USD women's team serves and rallies against opponents at SDSU this past weekend.

Dane Joubert, 4-6, 7-5, 6-1. Hoping to catch those singles and doubles titles, the women's tennis team fell short one too many matches on Sunday afternoon.

The SDSU Fall Classic came to end on Sunday at 1:30 p.m. a tough day for the Toreros. Doubles began at 9 a.m. and Claus partnered up with Stojanovic in the finals of their bracket and fell to the Aztec's double team, Wais and Junior Alicia Aguilar, 8-6, while Hoffpauir and Brown also dropped their 8 game pro-set to the Eagles, 8-5.

In the singles final brackets both Hoffpauir and Brown fell to separate opponents within

their brackets with scores of 6-3, 2-6, 6-1 and 6-1, 6-2 against the Waves Guillermo and the Aztecs. After stepping off the court on Sunday from both of her final matches in doubles and singles, Brown shared a few words and reflected on her experience as a senior on the squad and her hopes for the team going forward.

"Being a senior now, I played more relaxed and fought for every point. I played pretty smart, and fortunately, things just came together for the most part, but fell a little short today," Brown said.

Despite, the struggles, Cara was quick to note areas of improvement and alluded to the

rest of the fall campaign.

"I think now that we have this first tournament under our belt, the team is ready to focus on what needs to be improved. The fall season is all about getting better and improving as much as we can."

Opening the season with a 75 ITA singles ranking, the Toreros' Depenau played a couple rounds of doubles and singles at the Aztec Center this weekend to warm up for the pre-qualifying rounds of the ITA All-American Championships beginning on Sept. 29., through Oct. 7. The ITA All American Championships will be held at the Riviera Tennis Club in Pacific Palisades, California.

SPORTS

Courtside: men's tennis 2012-13 preview

By Angelique Bash

It looks like it's going to be a promising year for the USD men's tennis team. The fall season kicked off on Monday, Oct. 1, with the beginning of the Intercollegiate Tennis Association All-American Championships Tournament in Tulsa, OK.

The school year is broken up into two seasons. During the first season in that runs September through November, players compete individually in tournaments. Wins and losses during these games affect their overall intercollegiate rankings. It is during the second season that takes from January through April that the players compete together as a team.

When asked about his goals for the season, Coach Brett Masi said that his main goal for this season is to make it to the final 16 at the West Coast Conference, where they will compete against teams like the Pepperdine University Waves, the Loyola Marymount University Lions, and the Brigham Young University Cougars.

Another goal of his is to make sure that everyone on the team gets plenty of experience, since this is extremely beneficial for

improvement in future games. And of course, there is always the obvious element of winning matches, which Masi explained, smiling.

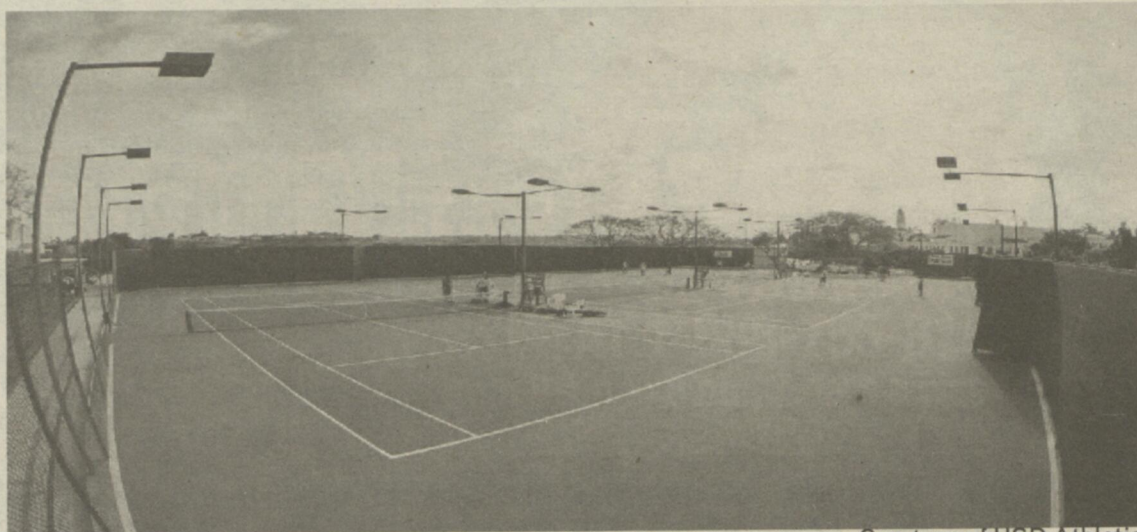
"It's always nice to win a tournament or two," he said.

Since joining the Toreros' men's tennis program in 2005, and being named head coach in 2009, Masi has helped generate interest and improved student attendance at tennis matches. In the past as few as 10 people would show up to games, but recently attendance has been steadily increasing, with a whopping 400-500 people showing up to watch the Toreros play the Waves. When asked about his strategy, Masi explained that he keeps it simple.

"Keep it fun. I'm always out there making jokes, making it fun," he said. "I wanted to show people that it's exciting to go to a tennis match."

Part of his "keep it fun" strategy also includes a better marketing technique. For previous games the team sold raffle tickets to win prizes such as blu-ray players and other electronics.

Masi also set out to show people that collegiate tennis can be exciting. A typical United



Courtesy of USD Athletics

USD's tennis courts on the west end of campus offer an elite level of competition.

States Tennis Association tennis tournament has strict rules that prohibit any noise considered loud or distracting, but Masi says that in contrast, collegiate tennis does not follow these same rules.

"[College tennis] is not as serious as a typical USTA tournament," he said. "It's exciting, people are cheering, yelling."

Though it is clear that there is plenty of fun involved, the players also work very hard to be the best that they can be. The maximum number of hours that can be spent training in a week is twenty, so the team plays between two to three

hours a day, six days a week. About two hours are spent on the courts, supplemented with different types of workouts like conditioning, gym time and even yoga for variety. Masi stressed the importance of making sure that players not only dedicate time to their sport, but that they keep their schoolwork and social lives balanced as well.

The two current team captains are senior Thibaut Visy and junior Clarke Spinosa. Visy was named All-WCC honorable mention in singles and first-team in doubles with his partner year Nikola Bubnic. In January his season-high singles ranking was

No. 61 and he was also added to the WCC Commissioner's Honor Roll because of his academic excellence.

In singles, Spinosa was named second-team All-WCC, and was ranked No. 67 in the ITA preseason rankings on Sept. 9. He too qualified for the WCC Commissioner's Honor Roll for academic excellence.

The men's tennis team is largely made up of underclassmen this year, so Masi is looking to his two captains to help guide the younger players and share their experience. To succeed this year as a team, their experience will be critical.

USD soccer looks to bounce back vs. Broncos

By Nick Dilonardo

The first third of the Torero football team's season schedule is now over. Sitting at .500, they have run away from opponents in two games with lopsided wins, and succumbed as victims in close losses. Game locations have spanned the coasts. The team has travelled from San Diego to San Luis Obispo and back, and then as far as the campus of Harvard University on the opposite coast. It is at a point like this, as a fan, that one can take stock of the team so far. Week one is too early for this, but by week four, trends have begun to show.

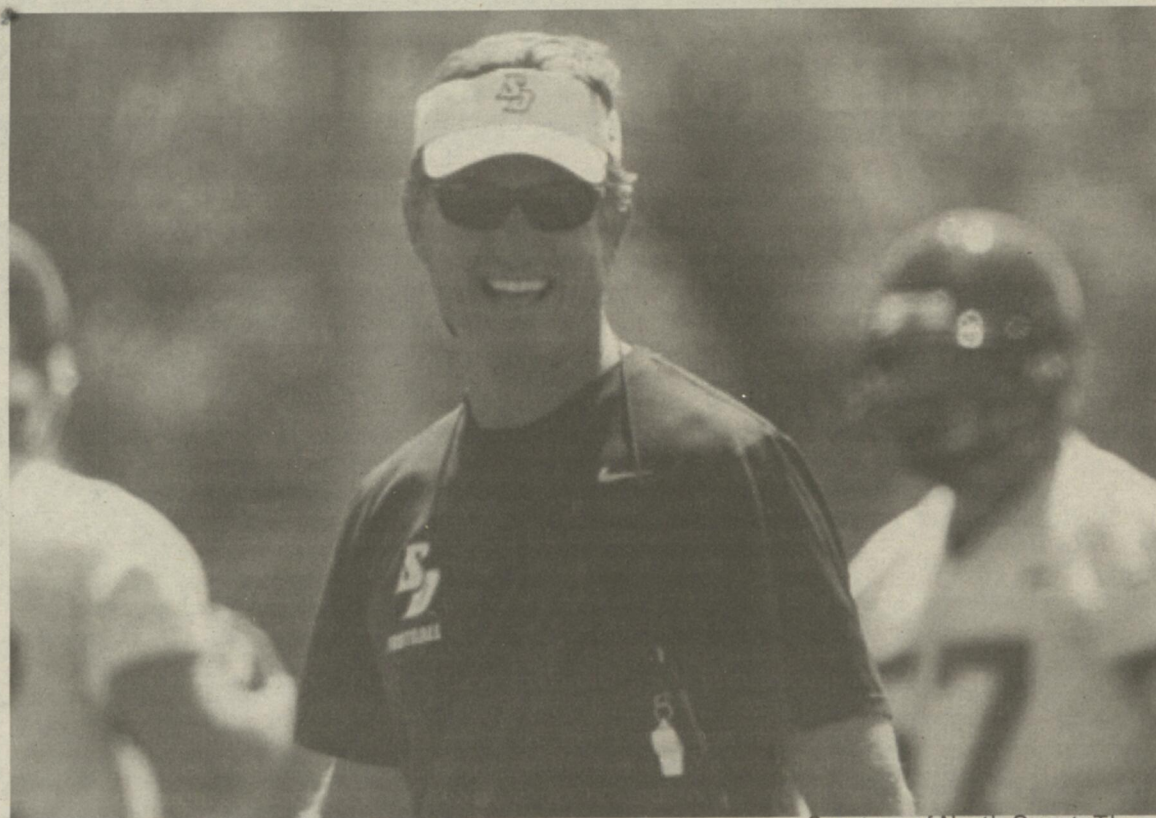
In an interview with The Vista, Ron Caragher, head football coach, noted a few trends. Specifically, Caragher pointed to several contributors to the team that are making their mark as true freshmen. On offense, coach pointed to freshman Tobin Gramyk, a 6'2, 280 lbs. offensive lineman who helps keep junior starting quarterback Mason Mills upright in the pocket.

Despite the stereotype, the positions along the offensive line are among the most intellectually demanding in football, save perhaps the demand on a quarterback, depending on the system. For a young player - let alone a true freshman - to make an impact at this level of competition along the offensive

line is unusual, as Caragher noted. While one true freshman making a contribution to your offensive line is noteworthy, the Toreros have two, as Caragher pointed out the efforts of fellow freshman offensive lineman, 6'3 280 lbs. Pono Keni. While such young faces would normally be a liability for an offense, the Toreros have been able to produce points in all of their games, even in their losses. The Torero offense has scored 112 points to their opponents' 110 this season, despite two losses. This kind of parity alongside a .500 record demonstrates the dynamic nature of the Torero team.

Beyond the offensive line, the Toreros have found other true freshmen playmakers. Darrion Hancock, a 5'9 200 lbs. tailback out of Helix Charter High School in San Diego has gotten playing time as a result of an offseason surgery suffered by returning junior running back Kevin James. Hancock hails from the same alma mater as other San Diego area football players that have gone professional, including Reggie Bush of the Miami Dolphins, and Alex Smith of the San Francisco 49ers.

Split out wide of Gramyk and Keni at the wide receiver position, 6'0 180 lbs. freshman 25-yard touchdown pass from junior Mason Mills that brought the Toreros within one point of the Harvard Crimson in an



Courtesy of North County Times

Coach Caragher cracks a smile during one of the Torero football team's practices.

eventual loss. With the aid of the youth movement along the offensive side of the ball, the Toreros have worked to live up to the expectation of being picked to win the Pioneer League this fall. Caragher thinks little of picks put out before a snap of the ball. Having had him and his squads picked as favorites as well as to finish in fifth place in prior seasons, he knows not to take those opinions seriously.

Those opinions do little to shape the result of games,

including the Toreros upcoming matchup against the Drake University Bulldogs, this Saturday in Des Moines, Iowa. The Toreros will be looking for their first road win of the season, as the common denominator in losses this season has been the team's distance from their home turf. As has been noted before, the Toreros have trekked from coast to coast all season. They have never played two weeks in a row on the same coast, with the sole exception of their season opener against the California

Polytechnic State University, San Luis Obispo Mustangs.

At this juncture in the season, the players on the squad are no doubt a bit more bruised and battered than they were to begin the season. Their brutal road schedule will do little to alleviate their pains. If the Toreros hope to earn the Pioneer League champion's new automatic qualifying bid to enter the Football Championship Subdivision playoffs, they will have to overcome their road weariness.

SPORTS CALENDAR OF EVENTS

OCTOBER

5

Men's Soccer
Portland
7:00 p.m.
San Diego

6

Women's and Men's
Cross Country
Triton Classic
8:00 a.m.

Women's Volleyball
Pepperdine
1:00 p.m.
Malibu,

Football
Drake University
10:30 a.m.
Des Moines

7

Women's Soccer
Loyola Marymount
12:00 p.m.
Los Angeles, CA

Men's Soccer
Gonzaga
1:00 p.m.
San Diego, Calif.

OCTOBER

10

Men's Soccer
Loyola Marymount
3:00 p.m.
Los Angeles

11

Women's Volleyball
Gonzaga
7:00 p.m.
San Diego

12

Women's Soccer
Saint Marys
4:00 p.m.
Moraga

Women's Rowing
Alumni Scrimmage
All Day
San Diego, CA

Men's Tennis
Battle of the Bay
All Day
San Francisco

Things Toreros Don't Say...

"Geez,
you'd think
they could
do some
landscaping
around
here."

U

"I
wish my
professors
would hold
more office
hours."

"7.50 for an Acai
Bowl? I'll buy
two!"

S

"I
love walking
from
Manchester
to SOLES
for class
everyday!"

"I love
it when I find
out I have a
paper due
tomorrow."

D

"Oh
you have
Sperrys?
You must
have trouble
parking
your boat
inbetween
class"

UNIVERSITY OF SAN FRANCISCO

SPORT Management

Educating Industry Professionals Since 1991



**San Diego
Chargers**

DOUG CARNAHAN
MANAGER, CORPORATE PARTNERSHIP



**San Diego
Padres**

JASON GREEN
MANAGER, INSIDE SALES

SPORT MANAGEMENT MASTER'S PROGRAM

An evening Master's program to build managerial, marketing, and strategic skills in the sport marketplace. Now accepting applications for classes starting in July 2013.

A Sport Management representative will be in attendance at the **University of San Diego Graduate School Fair** Tuesday, Oct. 9 11:30 a.m. – 2 p.m., UC Forums

Attend an Information Meeting

Thursday, Oct. 11, 6 p.m., Hilton San Diego Resort & Spa
1775 Mission Bay Drive, San Diego, CA 92109

FOR MORE INFORMATION

San Francisco Program 415.422.2678
Los Angeles Area Program 714.633.5626

Visit our website at: www.usfca.edu/sfca

For a complete listing of graduate programs, visit:
www.usfca.edu/graduate

@USFSportMgt
facebook.com/USFSportMgt

Requesting more info is easy.
Download a QR reader on your
phone and scan this code.

